

LEADER–NOT DETRACTOR SELF-STUDY

Select a PERIOD OF TIME that
you will focus on: _____

Part A) Rate your performance on the following:

1 = POOR

10 = OPTIMAL

1) ... being committed to team goals, clarifying expectations for myself and the team as a whole as the season is developing.

1 2 3 4 5 6 7 8 9 10

2) ... putting in my best effort and staying focused on meeting, or exceeding, expectations and performance standards for my role on the team, balancing personal and team interests.

1 2 3 4 5 6 7 8 9 10

3) ... encouraging teammates to focus on our shared goals and ensure they meet performance standards for their role on the team.

1 2 3 4 5 6 7 8 9 10

4) ... changing my routines or approach when it empowers others on the team to do better toward our shared goals.

1 2 3 4 5 6 7 8 9 10

5) ... holding teammates accountable to team standards in a respectful and fair way.

1 2 3 4 5 6 7 8 9 10

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Part B) List what you could do **BETTER or DIFFERENTLY** in the future for more optimal **Leader–Not Detractor** practices: