

FORCING BASELINE DRIVE

By Romeo Lagmay, Jr.

April 6, 2024, WBCA Convention

Cleveland, OH

Pros:

- 1. Limited options (passing, shooting)
- 2. Trap Area
- 3. Extra defenders (baseline, backboard)
- 4. Charge Prone
- 5. Increase team unity and communication (awareness)
- 6. Keeping opponent on one side of the court
- 7. Team defense enforcement

Cons:

- 1. No help side awareness
- 2. Easy lay-ups
- 3. Vulnerability of a sideline stance
- 4. Takes away from squared up one-on-one on ball defense

Contact Information

Office: 661-763-7725

Email: rlagmay@taftcollege.edu