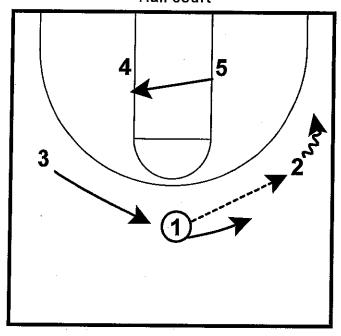
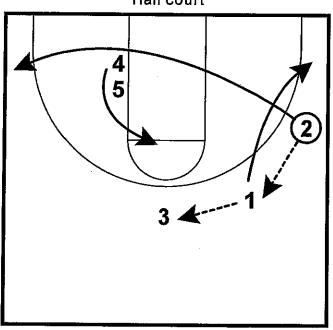
Emory

Zone Quick hitter



1 passes to 2 and partially follows the pass. 2 takes another dribble toward the wing as 5 vacates the strong side block. 3 fills to top of key.

Zone Quick hitter Half court

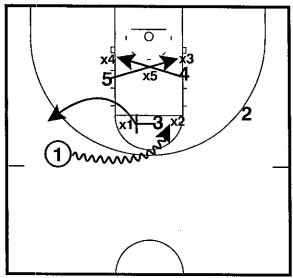


2 reverses ball to 1, who passes to 3. 2 cuts below the double stack to weak side corner. *3 must have the ball as 2 clears the double stack. 4 then curls to middle.



Niagara

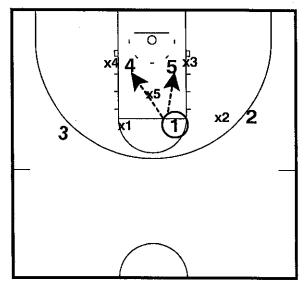
Carolina Offensive set



3 sets a ballscreen for 1(this forces x2 to choose who she will guard) then pops to wing.

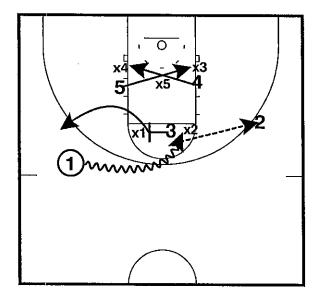
4 & 5 cross block to block while b/s happens

Carolina Offensive set



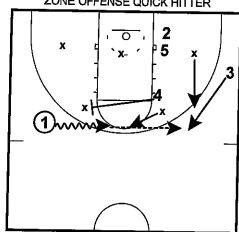
If x2 goes out, 1 has a short jump shot if x5 steps up, 1 can dump it down to 4&5 who are sealing

Carolina Offensive set

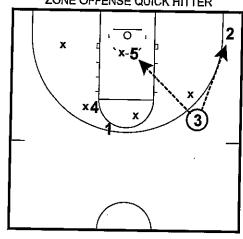


If x2 stays in 2 has a wide open jump shot!

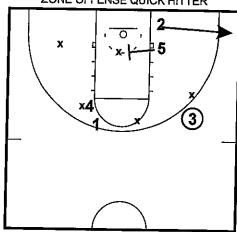
Zone Quick Hitter ZONE OFFENSE QUICK HITTER



Zone Quick Hitter ZONE OFFENSE QUICK HITTER

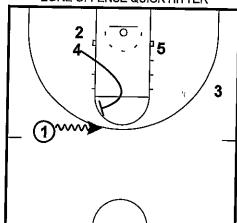


Zone Quick Hitter ZONE OFFENSE QUICK HITTER



it is tough to cover 2 and 5

Zone Quick Hitter ZONE OFFENSE QUICK HITTER



SAME SET DIFFERENT ENTRY