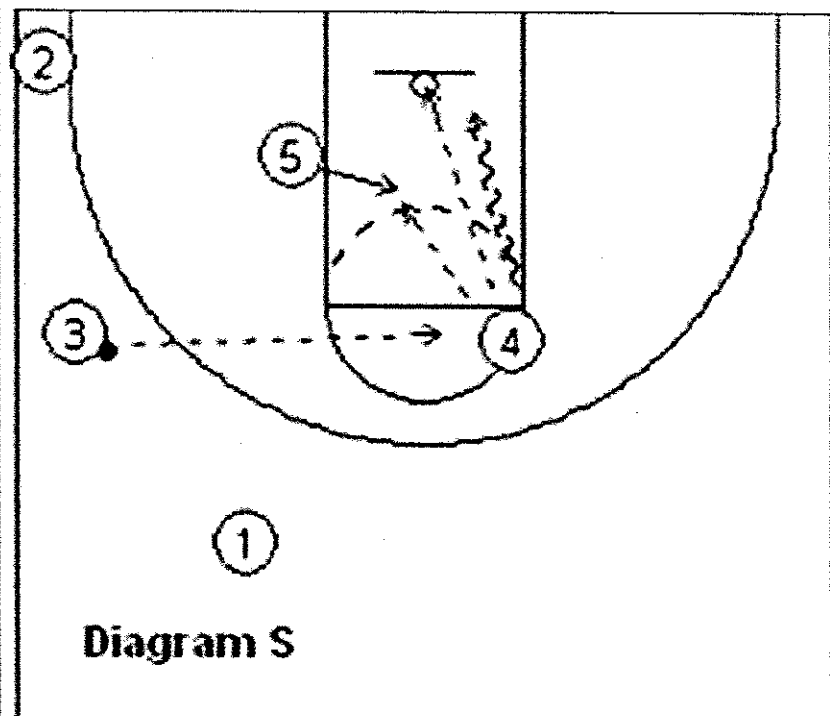
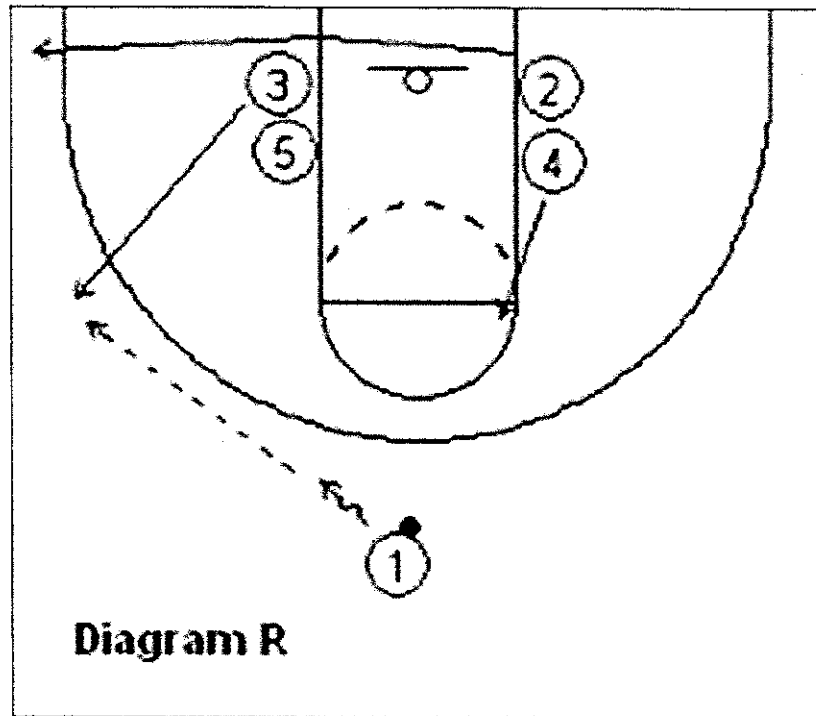


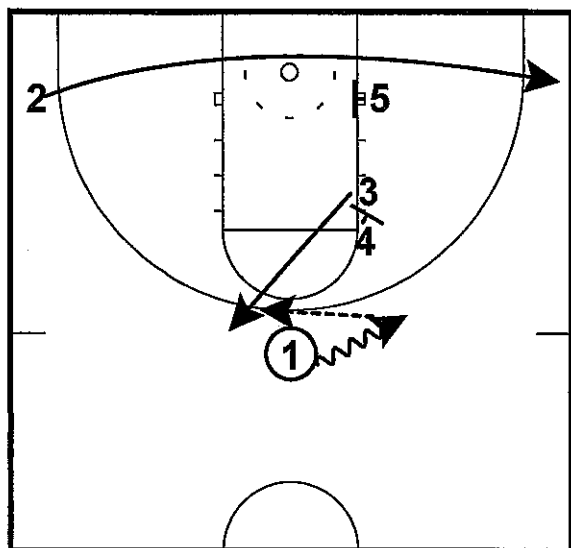
ISO-4 (High-Post ISO)

This play will isolate O4 1-on-1 with his/her defender. Start with the double-low stack as seen in diagram R. O1 dribbles toward the left, as O2 cuts to the left corner and O3 cuts to the left wing. O3 receives the pass from O1, as O4 cuts up to the opposite high-post area. O3 passes to O4, who now has an "iso" situation and could shoot or dribble-drive to the hoop (diagram S). If O4 is well-defended, O5 cuts into the paint for the quick hi-lo pass from O4.



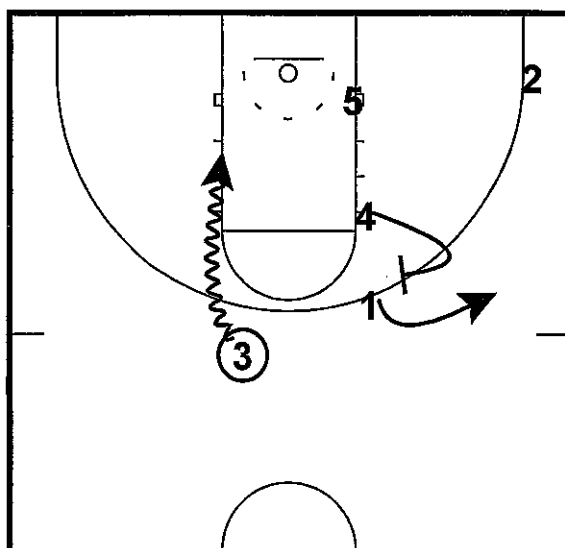
Detroit

Titan (Guard ISO)
Guard Iso



The 1 dribbles over as the 4 down screens for the 3. As this is going on 2 sprints the baseline to the corner. 5 sets a screen for the 2.

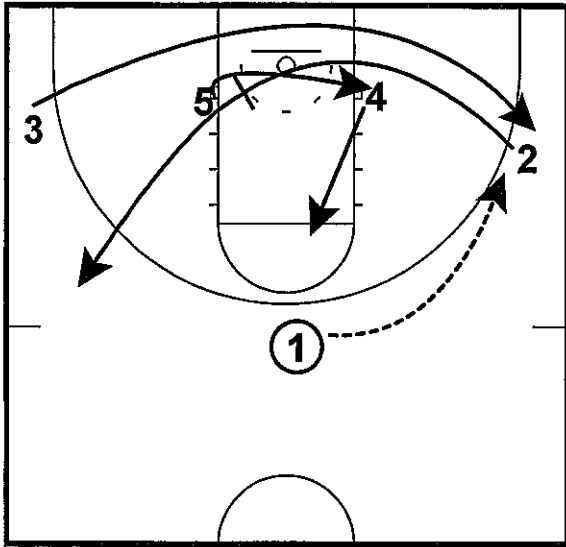
Titan (Guard ISO)
Guard Iso



3 has an iso side to go one on one. 4 sets a flare screen for the 1 to create action.

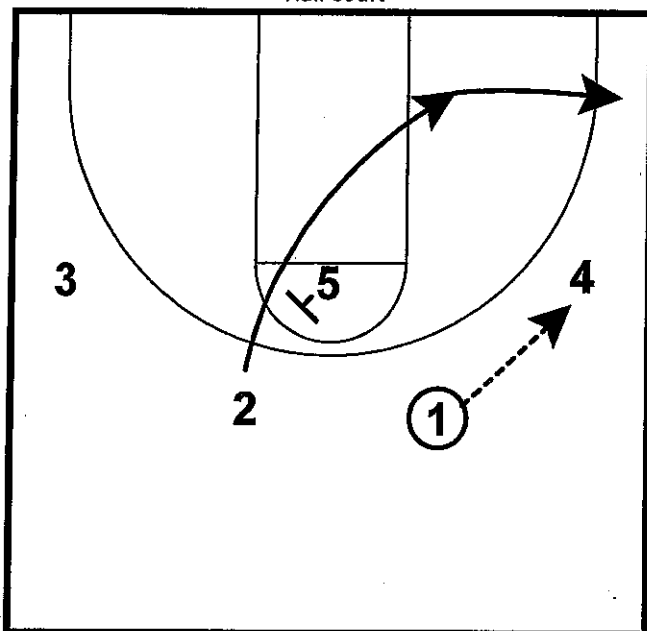
Detroit

Stack Special Post Iso Post Iso

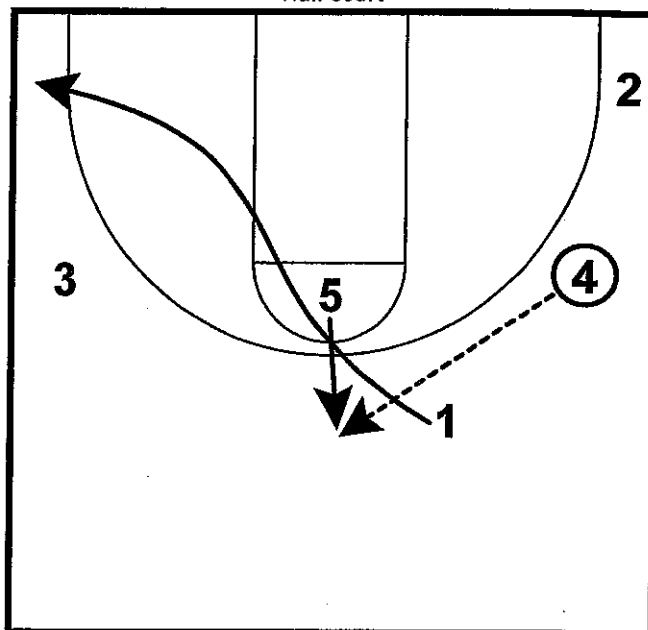


Guards look as though they are crossing to get themselves open.
2 will set a screen on the 5's player. 4 will flash to give 5 room.
Looking to hit the 5 quickly. One on one in the post.

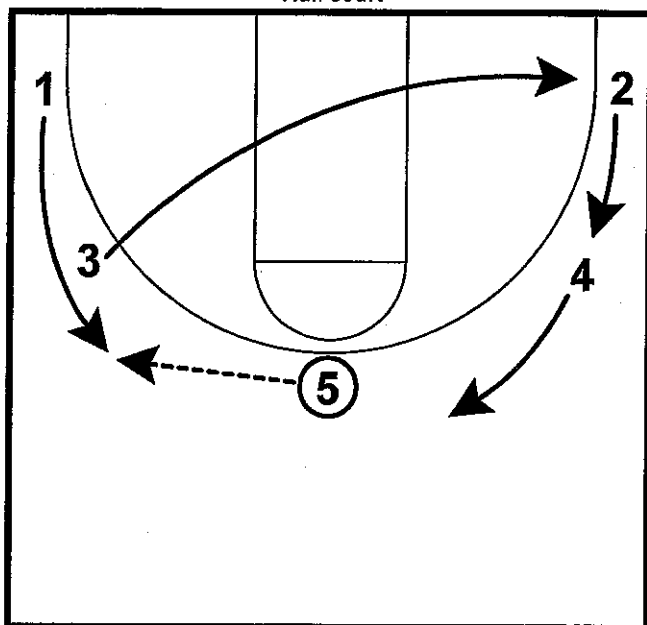
Emory

Guard Iso
Half court

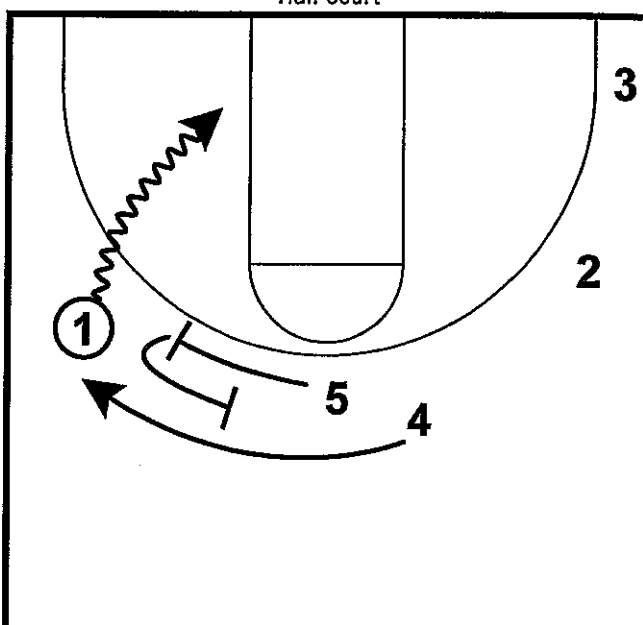
Lag-to-wing pass; 5 back screens 2 to strong side block. If not hit on the cut, 2 continues to strong side corner.

Guard Iso
Half court

1 cuts to the weak side corner, then 5 pops high for ball reversal.

Guard Iso
Half court

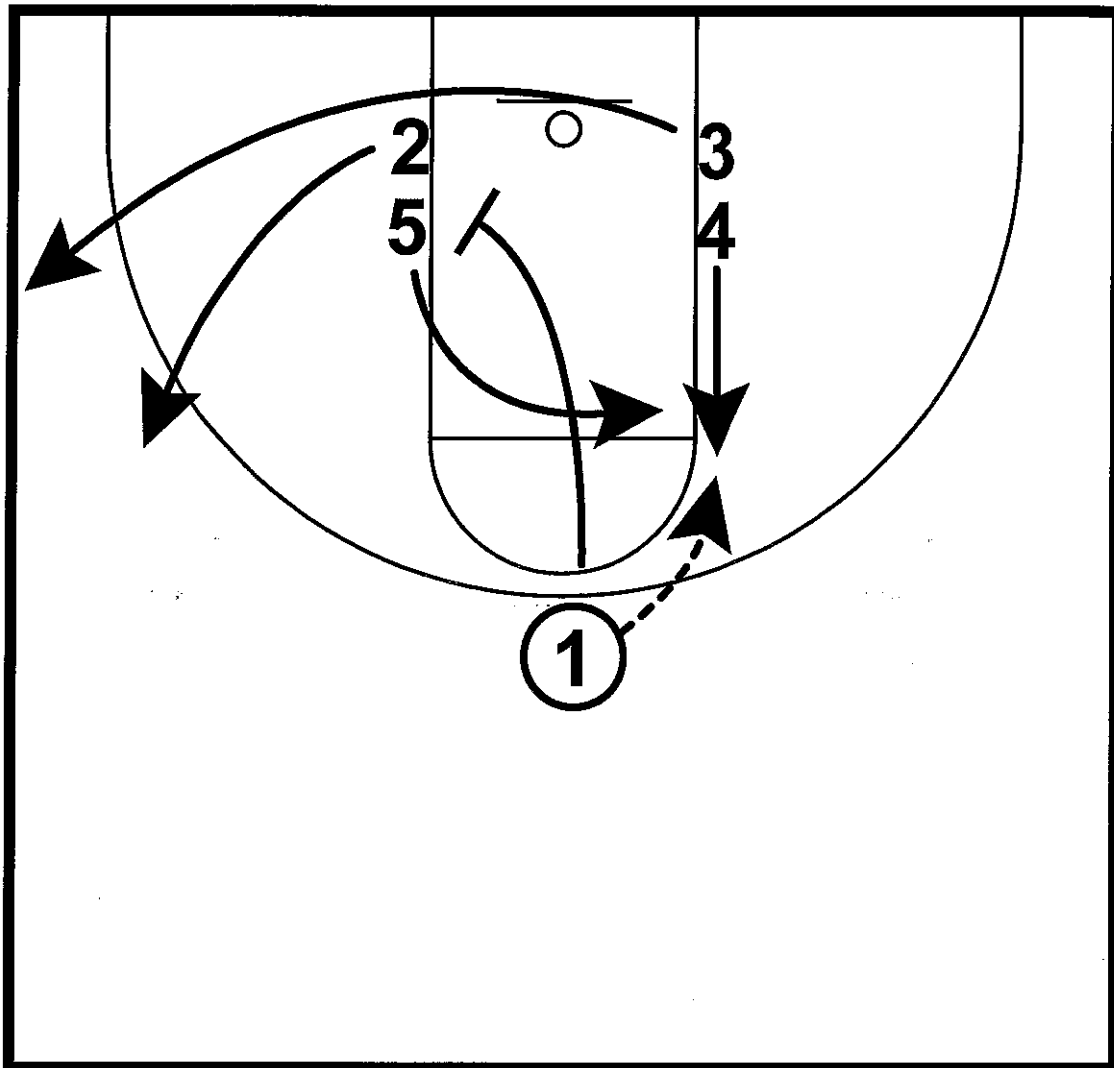
5 reverses ball to 1 coming up from the corner, as 3 backdoor cuts and goes to weak side corner (2 and 4 fill on the weak side).

Guard Iso
Half court

5 sets a wing SOB for 1 (who will look to reject it), then turns back to set a screen for the 4 wrapping behind the 1's dribble penetration.

Emory

Post Iso
Unknown

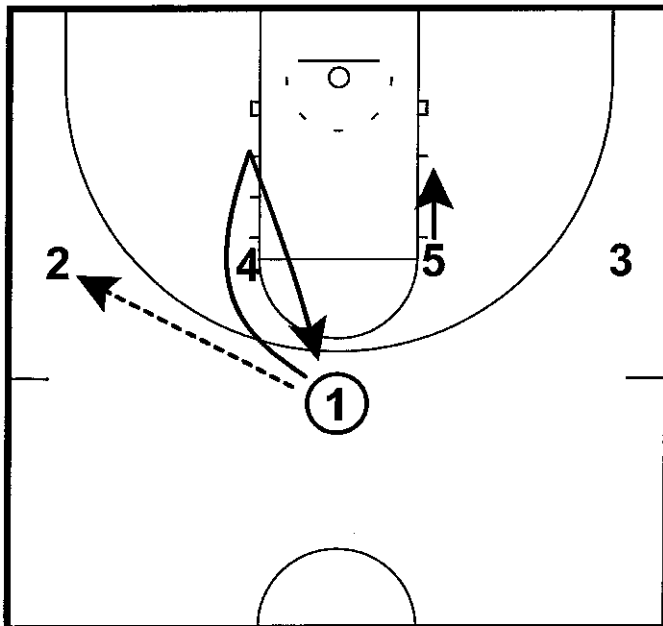


1 makes a drop pass to the 4 sliding up the lane while the 2 and 3 cut out weakside. 1 then goes to screen for the 5. Depending on the defense 5 can curl high for a mid-range jumper or curl tight to the basket.

-Key: The 4 must slide directly up the lane. Making sure not to get too wide.

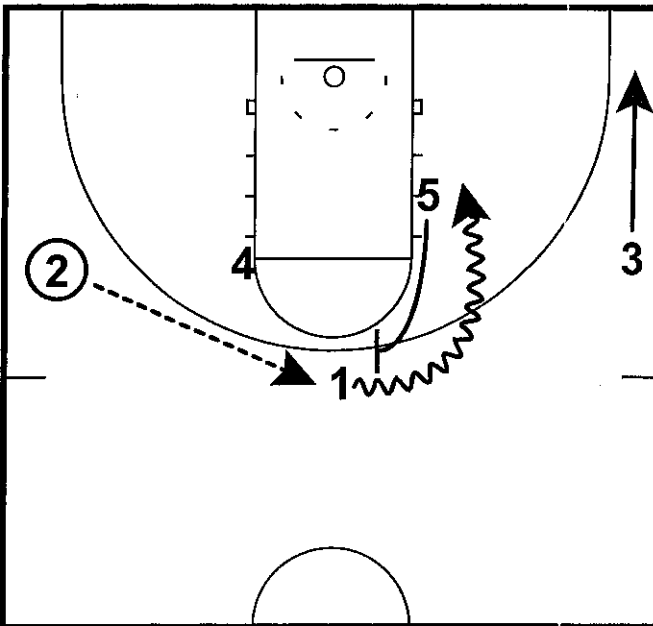
Guard Iso

Frame 1



1 passes to 2 then cuts in front of 4 player calling for the ball
 1 then cuts back up to the top of the key to receive ball
 5 asks for the ball as a decoy (stay active)

Frame 2

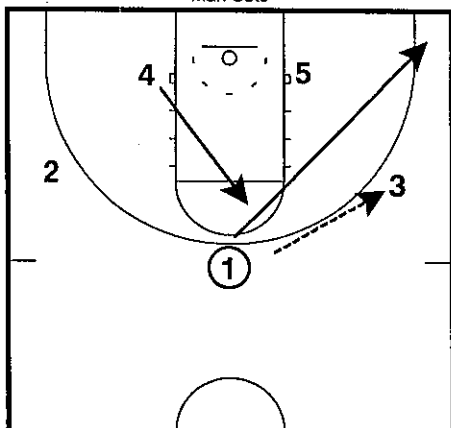


2 passes back to 1
 5 sprints to screen for 1
 1 comes off screen hard by 5 attacking the basket
 3 sprints to the corner

JUST
ISO

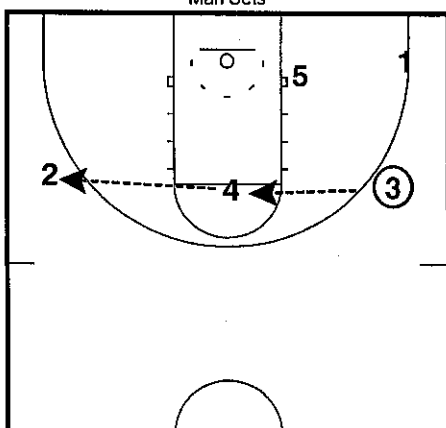
Niagara

MO
Man Sets



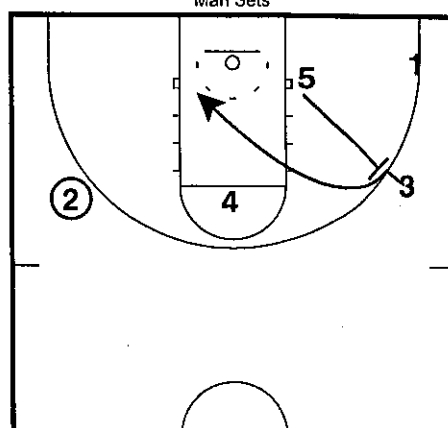
1 passes to 3 & goes ball side corner
4 pops to free throw line for reversal

MO
Man Sets



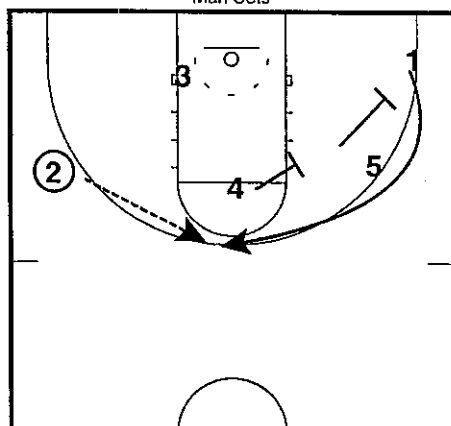
3 passes to 4
4 reverses to 2

MO
Man Sets



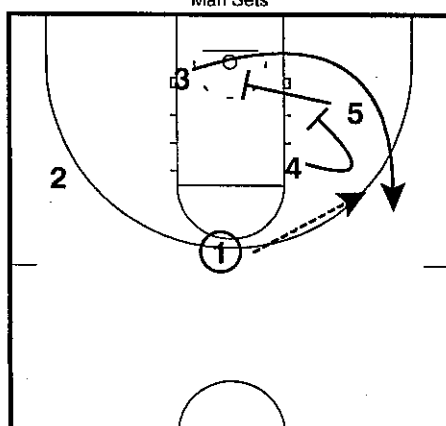
5 sets a shuffle screen for 3 to go ball side block
(if she is open GIVE IT TO HER)

MO
Man Sets



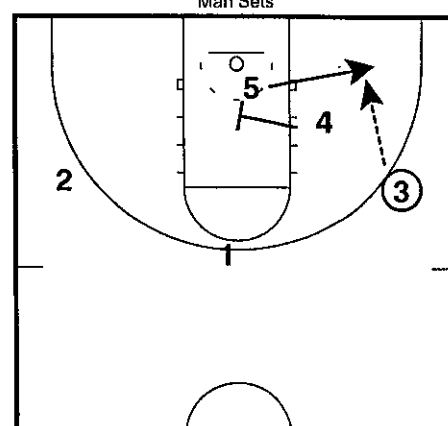
4 & 5 set a staggered screen for 1
2 passes to 1

MO
Man Sets



5 & 4 turn & set a staggered for 3
1 passes to 3

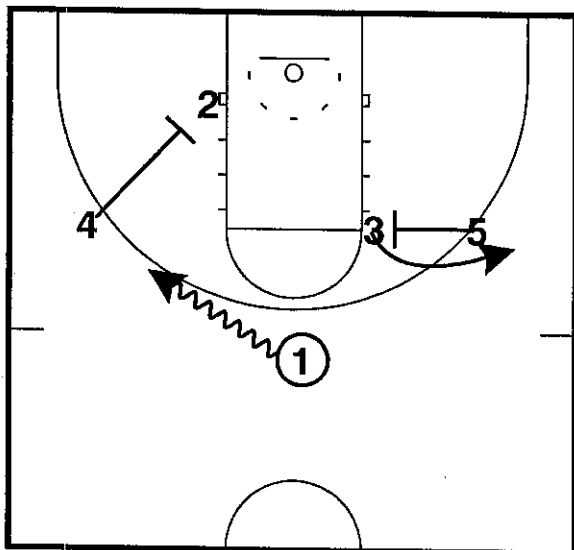
MO
Man Sets



4 sets a pinch screen for 5 to short corner

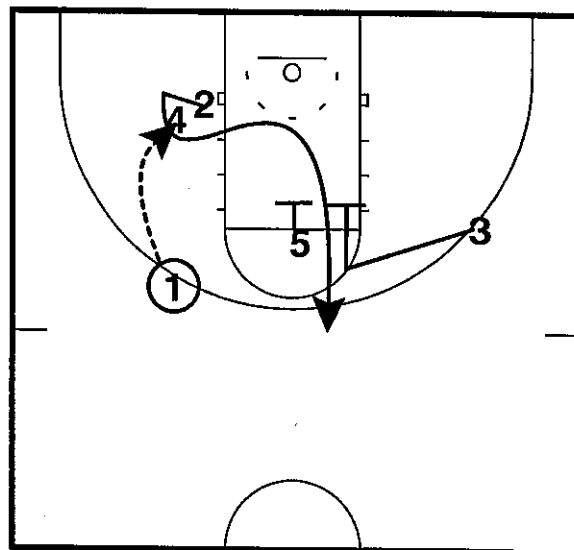
Niagara

Motion 4
Man Sets



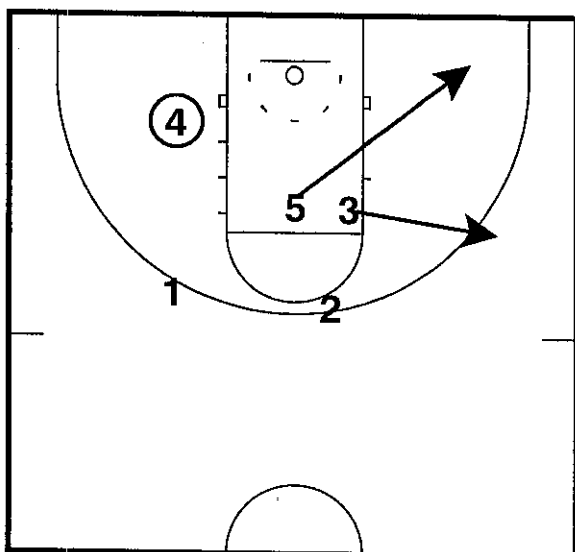
- 1 dribble to elbow extended
- 5 sets a pick screen for 3
- 4 sets a pick screen for 2

Motion 4
Man Sets



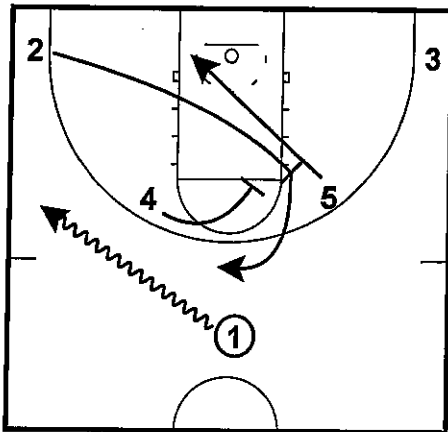
- 2 curls downscreen & tries to clip 4's defender
- 5 & 3 set an elevator screen for 2 @ FT line
- 1 is looking to pass to 4 asap w/ a wraparound bounce pass

Motion 4
Man Sets

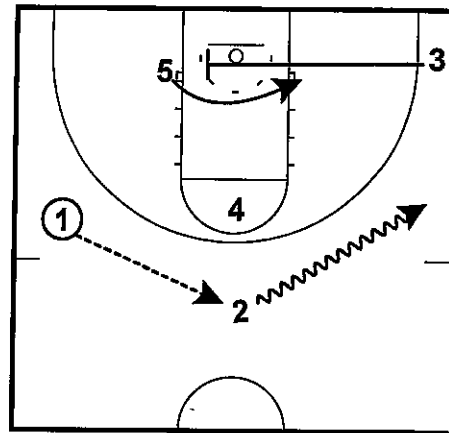


- 4 SCORES IT
- 3 pops to wing
- 5 spaces to short corner

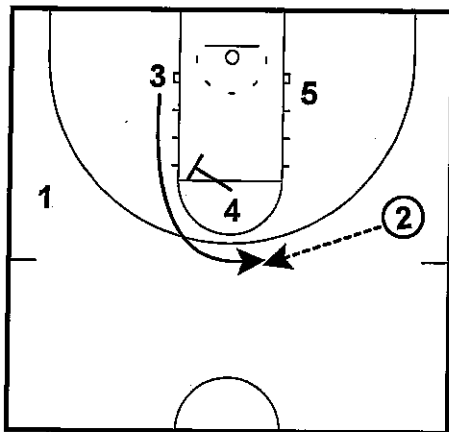
Post Iso
OFFENSIVE SETS



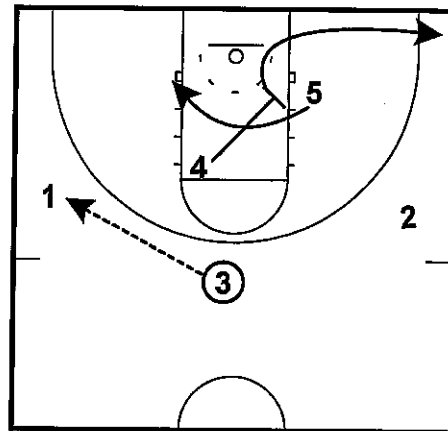
Post Iso
OFFENSIVE SETS



Post Iso
OFFENSIVE SETS

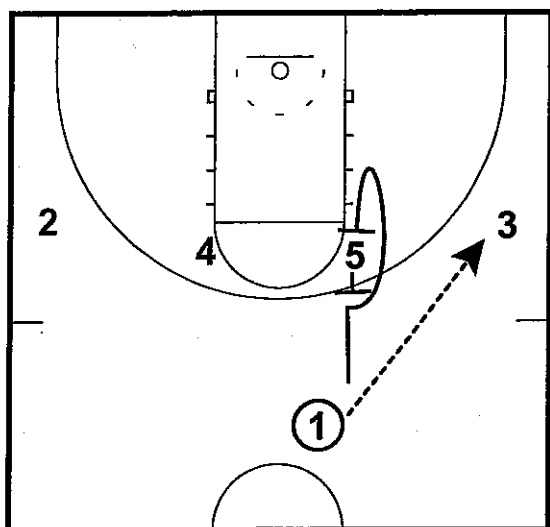


Post Iso
OFFENSIVE SETS



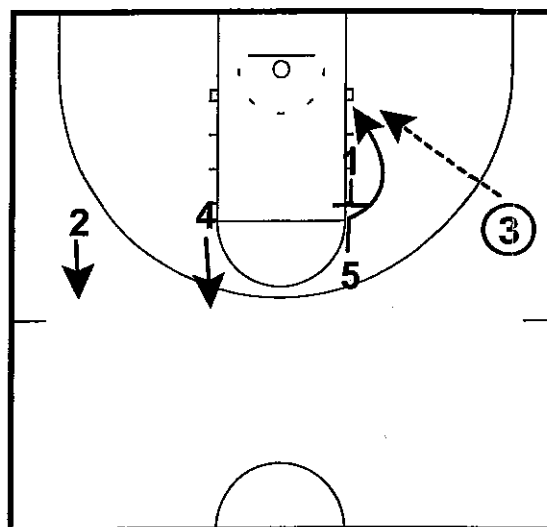
Post Iso

Frame 1



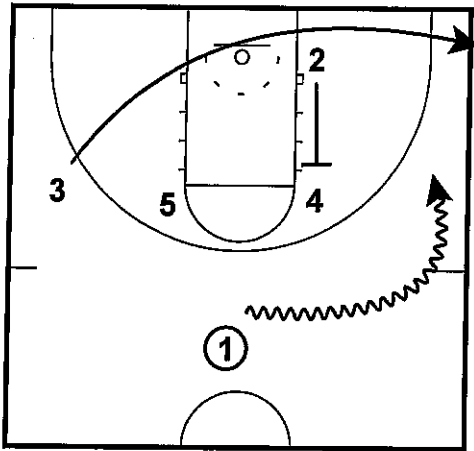
1-4 High set
1 enters to 3, sets rip screen for 1

Frame 2



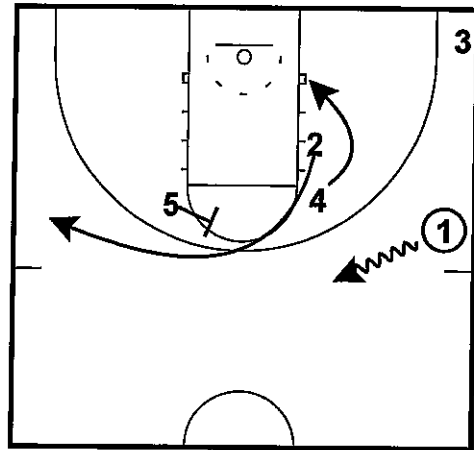
1 cuts off then immediately turns and sets rip screen for 5

Wing Iso OFFENSIVE SETS



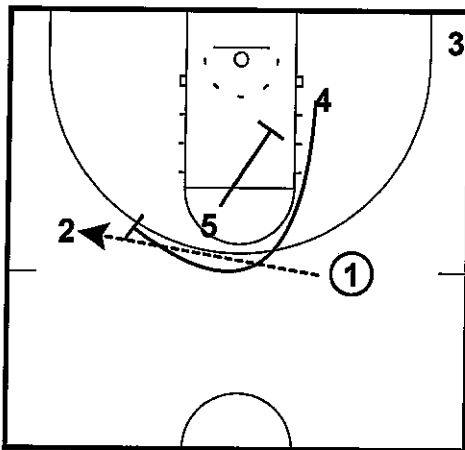
1 drag dribble 3 clear side 2 hit 4

Wing Iso OFFENSIVE SETS



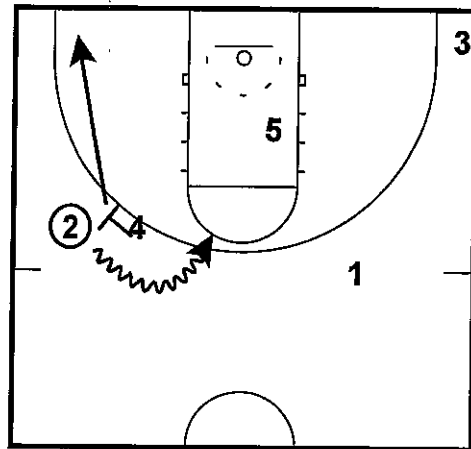
4 dive to box 1 looks 4 5 flare 2 to wing 1 looks 2

Wing Iso OFFENSIVE SETS



5 hit 4 4 go on-ball (or 5 go on-ball)

Wing Iso OFFENSIVE SETS



2 and 4 go pick and pop