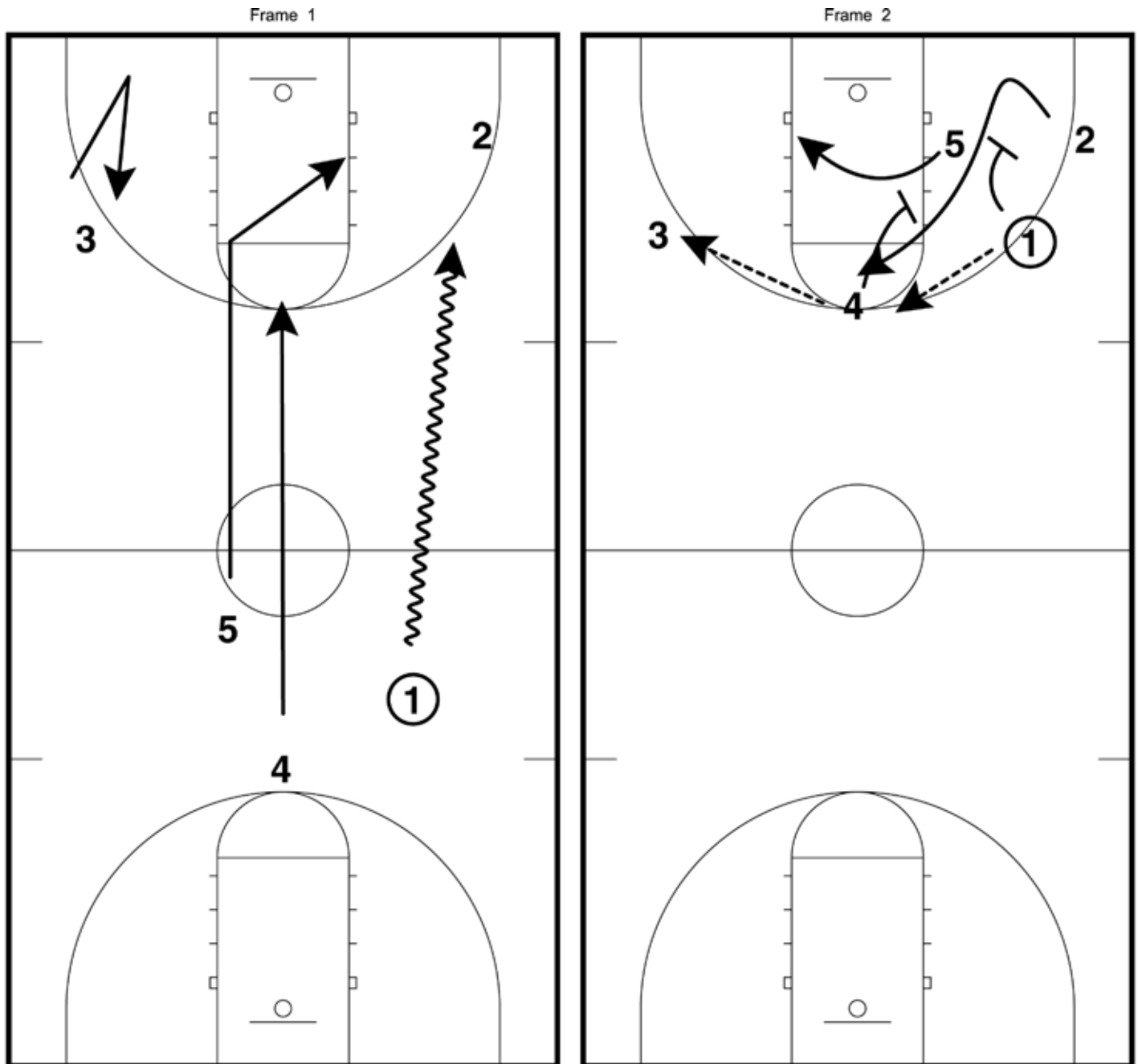


Offensive Play: Down Break

Submitted by Trish Marsh, Missouri State University

This play works well in a quick offensive transition. With Player 1 pushing the ball down the floor, many times a quick play can be made if all players are running the floor.



Player 1 advances the ball up the court by dribble or pass to Player 2. Player 2 and Player 3 must run wide and may interchange sides. Player 5 will cut to ballside block and sit. Opposite guard (Player 3) must cut to baseline and back out to wing. Player 4 will fill trailer spot at top of the key.

Player 1 has several options: Pass to same side guard (Player 2); Reverse through trailer (Player 4); or skip to weakside guard (Player 3). Must reverse ball to continue down break. On reversal to Player 3, Player 1 and Player 4 down screen for Player 2 and Player 5 follows ball to other block.