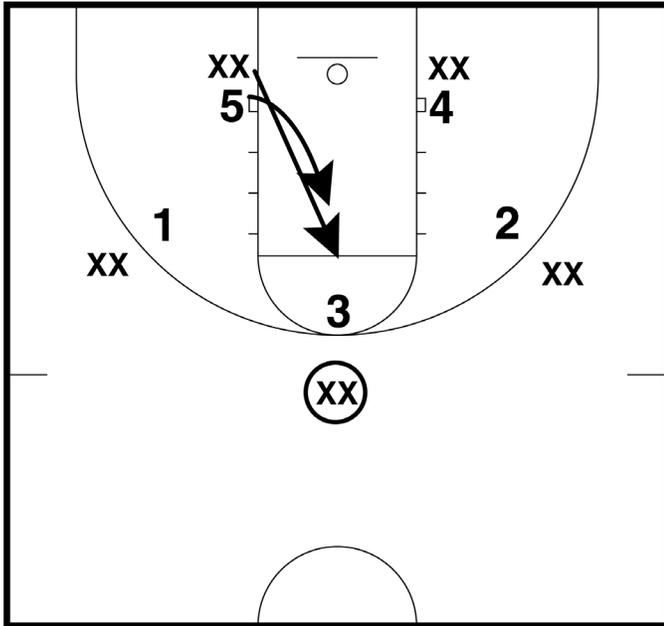


Defense: 3-2 Drop Point Zone

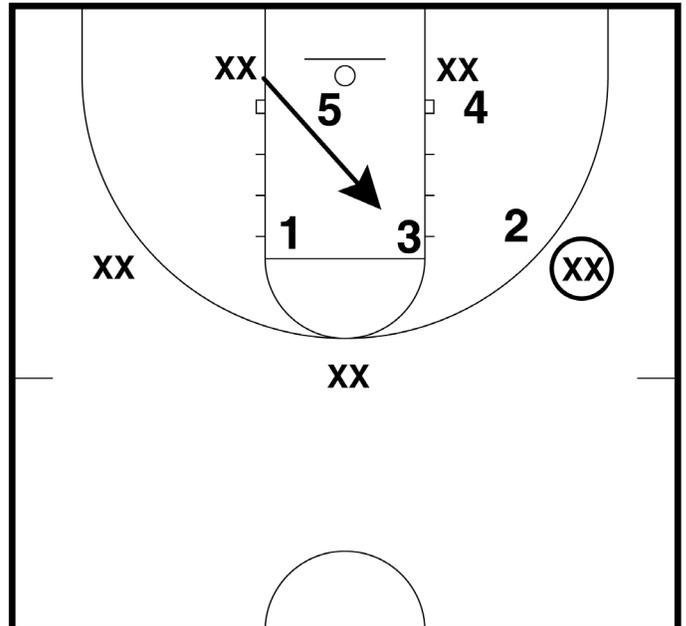
Submitted by Mark Campbell, Union University (Tenn.)

We like to run zones that other teams don't see often. Purposes for a 3-2 Zone (Drop Point): to run this against teams that have a good back-to-the-basket post because it allows us to collapse quickly; to run this against teams that attack off the dribble first. It closes down straight lines to the basket.

Frame 1



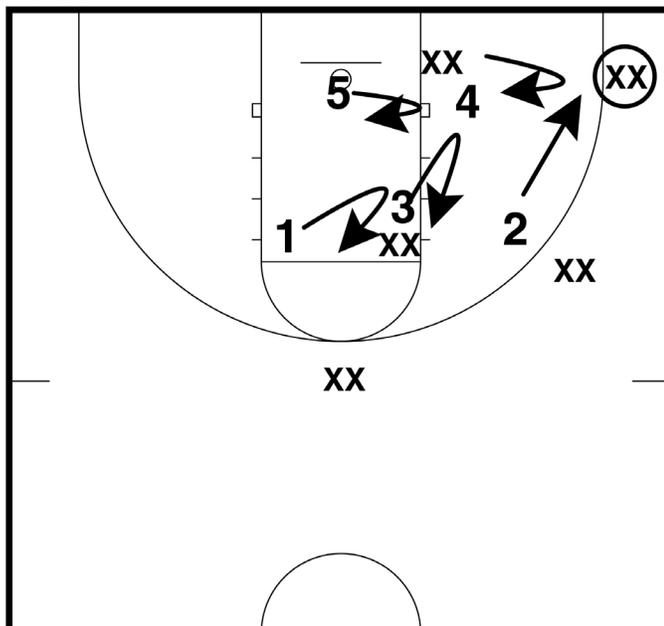
Frame 2



Basic alignment: Player 3 – best athlete and must play extremely hard and have the ability to be physical defending the post; Player 5 – best rebounder and post defender; Player 2 – second best athlete at the guard position. Back line takes away any flash (with a cushion) to high post when the ball is in the middle of the floor.

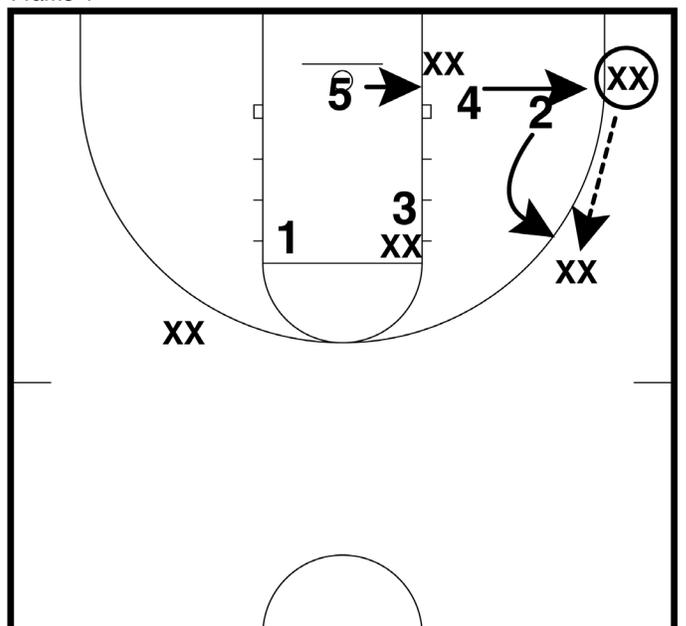
Basic movements: Players 4 and 5 – always front the post; Player 3 – covers the high post on first pass.

Frame 3



Against any overload or baseline runner who catches in the corner, we immediately bump off with the wing. Everyone helps and recovers.

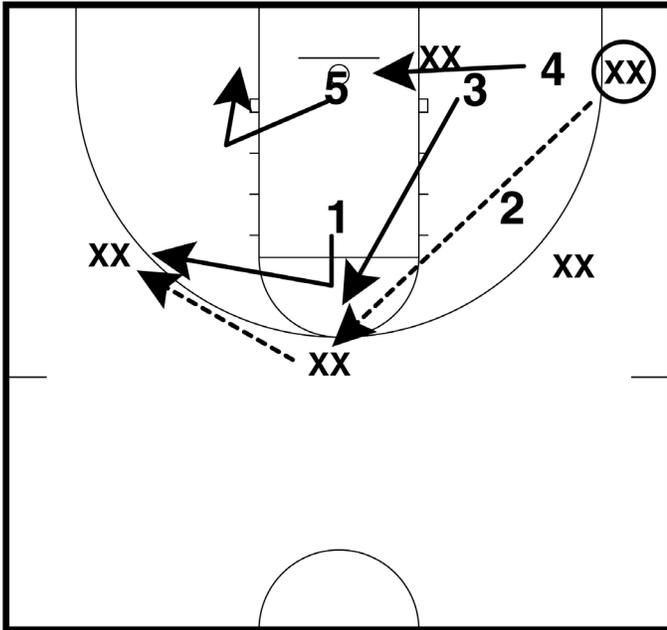
Frame 4



Example of showing and recovering. We don't have to bump between Players 3 and 2 if teams overload.

Defense: 3-2 Drop Point Zone

Frame 5



Recovery out of the drop point into a skip or swing. Requires great communication!