

# ARE YOU A MENTALLY TOUGH TEAMMATE?



**Cohesiveness:** Are you team-oriented or an individual maverick?



**Competitiveness:** How badly do you want to win?



**Confidence:** How self-assured are you to get the job done



**Coping with Pressure:** Can you handle the heat of competition?



**Injury Rehabilitation:** How effectively do you deal with injury



**Integrity:** Do you keep your commitments?



**Leadership:** Are you a leader or a follower?



**Maturity:** Can you deal with criticism and failure?



**Motivatoin:** Are you passionate in your work ethic?



**Psychological Edge:** Do you perform well under adverse conditions?