

## Agenda

### Values:

**Subjective guidelines that people use to decide which things are good versus which things are bad**

- Personal values exercise
- Ethics – Scenarios and resolutions
- Integrity – Doing the right thing, knowing nobody's going to know whether you did it or not.

### Culture:

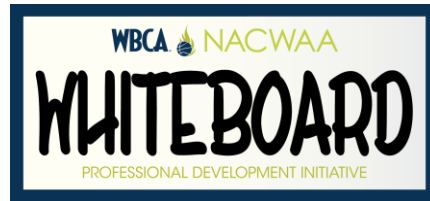
**Create communities and environments that foster self-disclosure and discovery...culture follows.**

- Define: What kind of culture do you have? What kind of culture would you like?
- Strong team cultures are created by shared goals and values
- How to build a strong culture
- How to approach changing a toxic culture
- Leaders role in shaping and reinforcing a strong culture
- Team building exercises

### Communication:

**Developing the necessary skills to communicate effectively**

- Knowing YOUR communication style
- Knowing all communication styles in order to teach/lead effectively
- Conflict: resolution and potentially positive?
- Communicating with today's "iY" generation



### **Leadership:**

**The chief goal of a leader is NOT to build followers, but to build more leaders.**

- Seven secrets of highly successful coaches
- Self Leadership: Character, Tests and Emotional Fuel
- Staff Leadership: Worthwhile Work, Giving Control and Active Support
- Player Leadership Development: Captain identification and selection process and Developing Future Leaders

### **Motivation:**

**Finding motivation through work/life balance, planning and self study**

- Avoiding burn out – Stress prevention and time management
- Work/Life balance – Do you have it?
- How to keep yourself motivated through self study exercises