



BOB's or BLOB's



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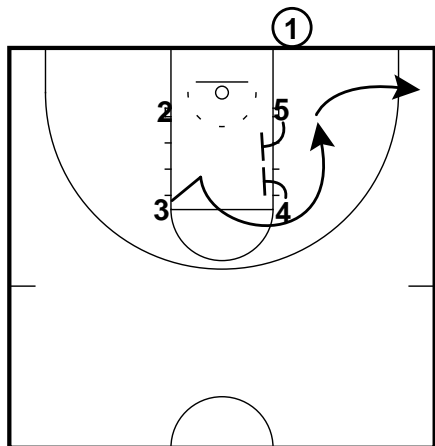


BOB's or BLOB's - Contents (cont.)

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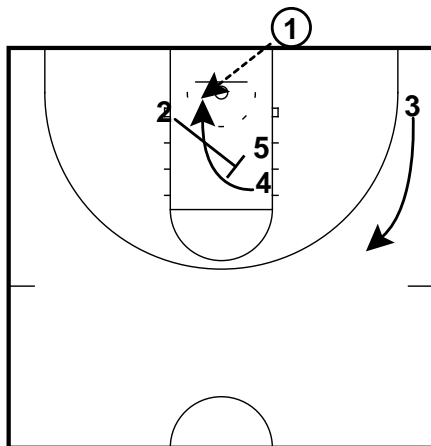


"Chest Pat"
B.O.B.'s

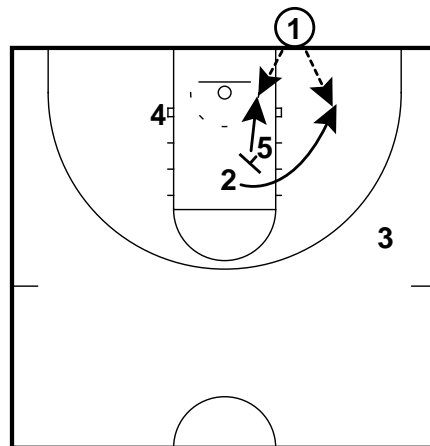


3 fake basket cuts and goes off the 4 and 5 screen

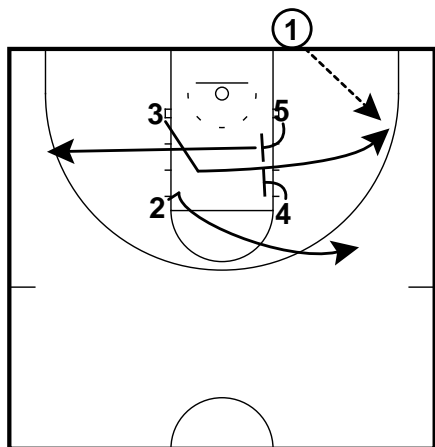
"Chest Pat"
B.O.B.'s



"Chest Pat"
B.O.B.'s

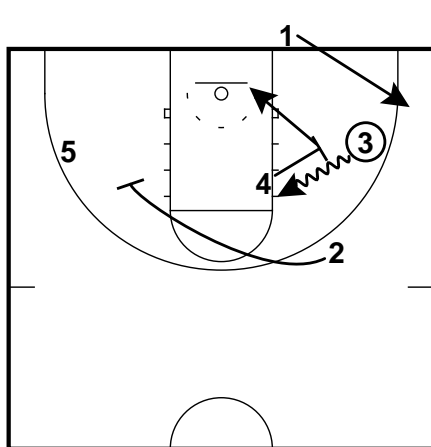


"Fist"
B.O.B.'s

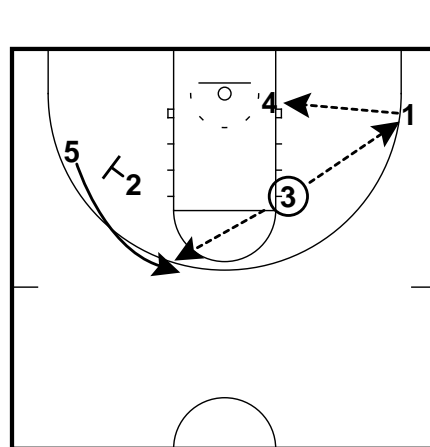


1 fakes upscreen for 2 and cuts thru elevator screen from 4 & 5

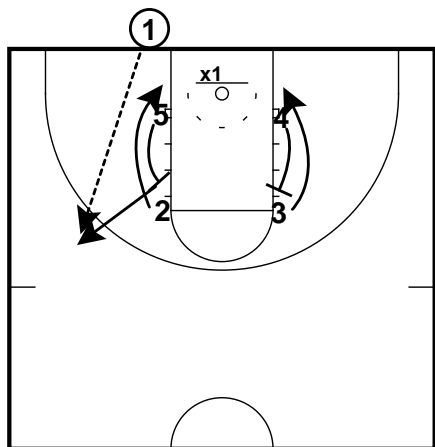
"Fist"
B.O.B.'s



"Fist"
B.O.B.'s

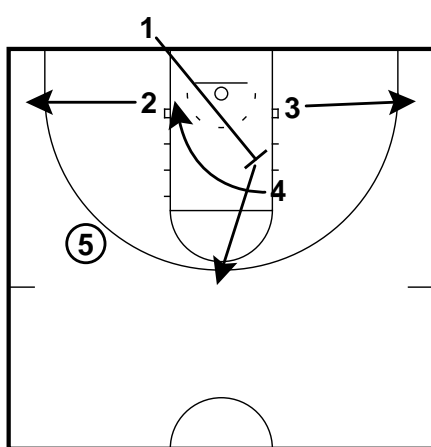


"Raise the Roof"
B.O.B.'s



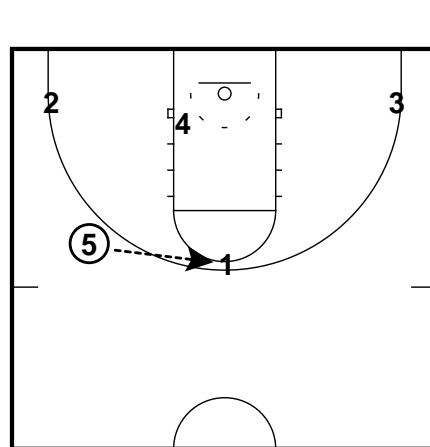
4 screens for 3
5 delays screen for 2
If 2 isn't open, 1 hits the 5

"Raise the Roof"
B.O.B.'s

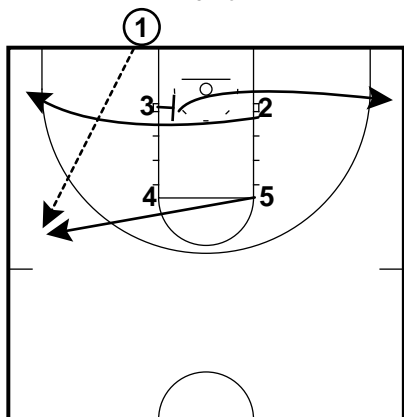


5 can look to attack as 1 is setting screen for 4

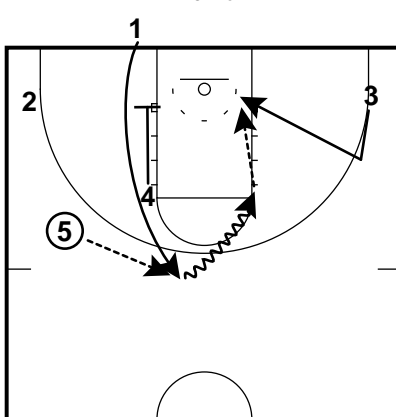
"Raise the Roof"
B.O.B.'s



"Zipping jacket"
B.O.B.'s

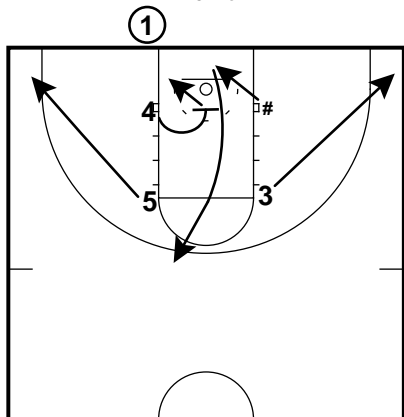


"Zipping jacket"
B.O.B.'s



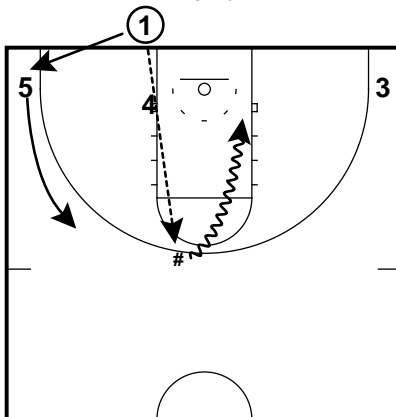
3 can get to the basket or 1 can backcut

#'s Down
B.O.B.'s



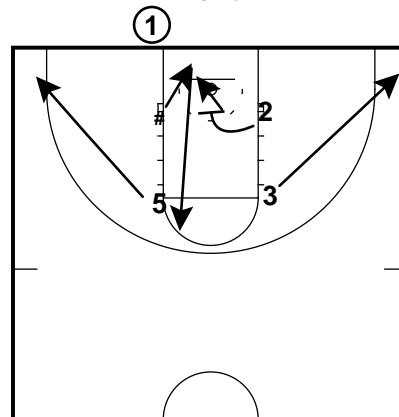
5 & 3 break to the corner
Player sets up player while 4 sets screen for Player and then shapes to the ball
Player comes off of 4's screen for a catch at the top (can be anywhere from elbow to 3 point line)

#'s Down
B.O.B.'s



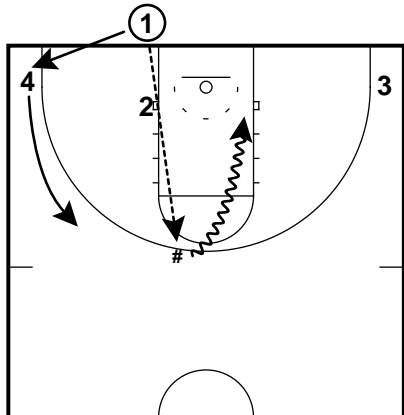
Player has shot, drive, hands drill, punch and kick

#'s Down
B.O.B.'s



5 & 3 break to the corner
Player sets up player while 2 sets screen and then shapes to the ball
Player comes off of 2's screen for a catch at the top (can be anywhere from elbow to 3 point line)

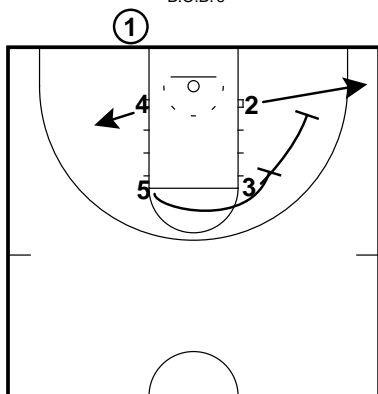
#'s Down
B.O.B.'s



Player has shot, drive, hands drill, punch and kick

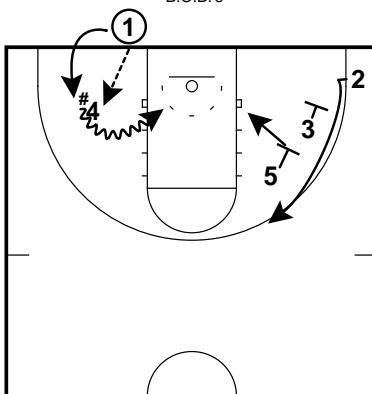


Hand/Hand Twist
B.O.B.'s



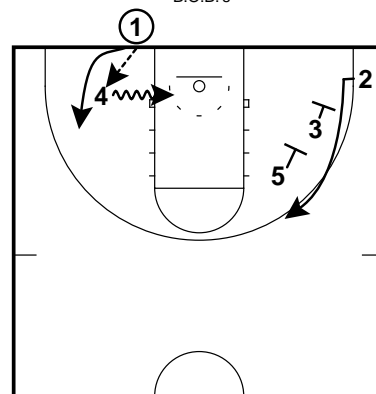
2 cuts to corner as 3 & 5 make their way to stagger screen
4 player pops back to elbow

Hand/Hand Twist
B.O.B.'s



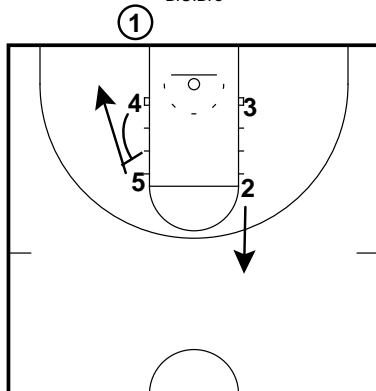
1 throws it to 4 over the top
3 & 5 are staggering for 2 player (decoy)
1 runs by for a hand off with 4
1 can keep for a score, hit 2 player coming off stagger or hit 5 player cutting to basket

HAND TWIST
B.O.B.'s



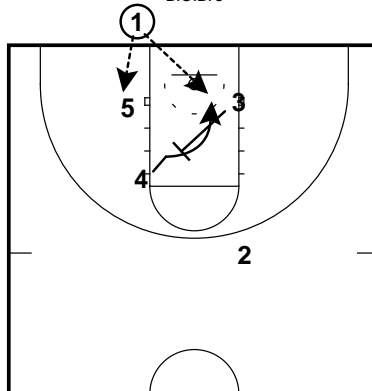
1 throws it to 4 over the top
3 & 5 are staggering for 2 player (decoy)
1 cuts by for a hand off but 4 player keeps it

NOSE
B.O.B.'s

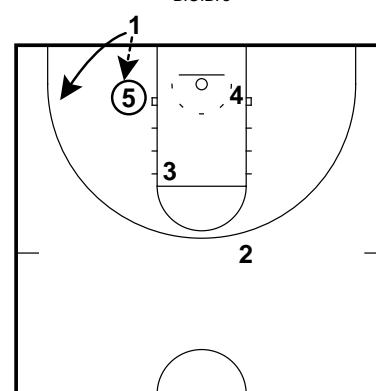


1. Look for the 4 1st
2. Look for the 3 rolling or slipping
3. Hit the 5 as last option

NOSE
B.O.B.'s

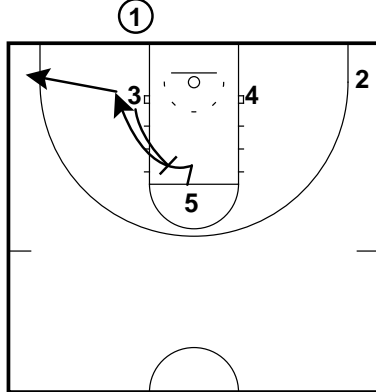


NOSE
B.O.B.'s

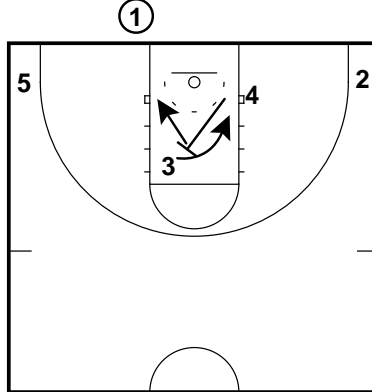


PG can inbound to 5 and come in for a hand off or shot in the corner.

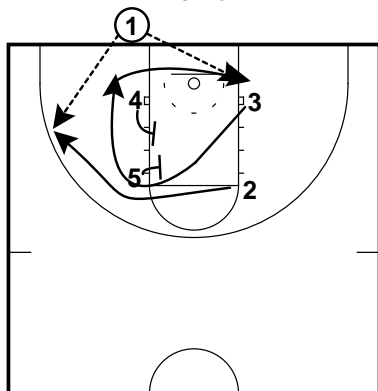
Nose
B.O.B.'s



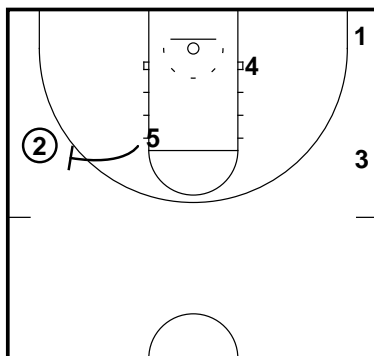
Nose
B.O.B.'s



CHIN
B.O.B.'s

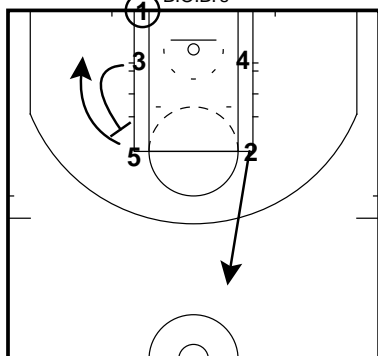


CHIN
B.O.B.'s

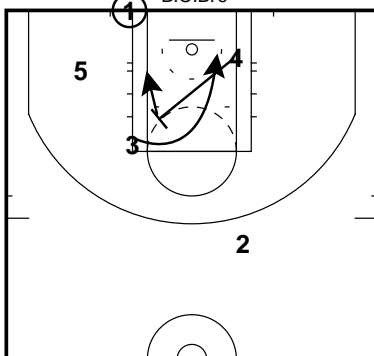


1. 2 fakes coming off double stagger by post and cuts hard to the PG calling for the ball
2. 3 cuts hard off 2 and comes off looking to shoot

Ear
B.O.B.'s



Ear
B.O.B.'s

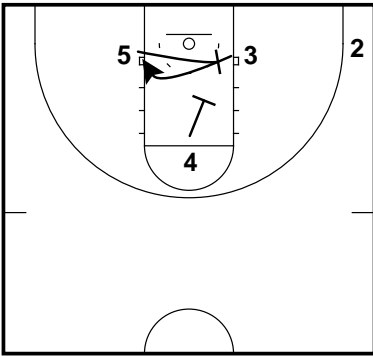


- 3 curls out and up and sets a screen for the 5 (3's butt is facing the corner). 2 pops up as a safety.

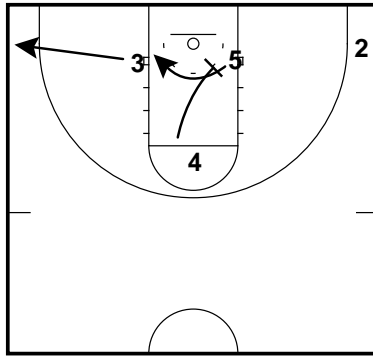
- 4 screens for the 3 (4's butt is facing the block where she came from). 4's hold the screens and rolls back to the basket.



Ear
B.O.B.'s
①

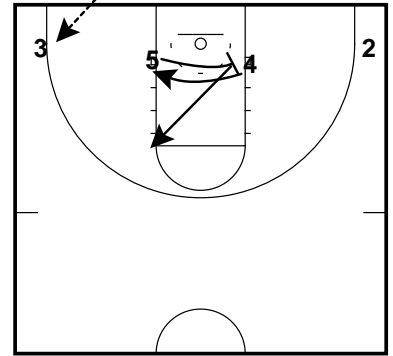


Ear
B.O.B.'s
①

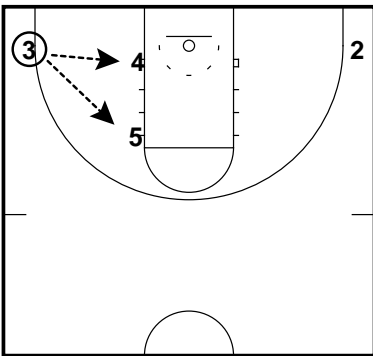


Ear
B.O.B.'s

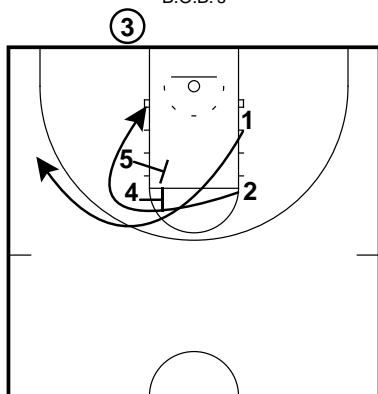
①



Ear
B.O.B.'s
1

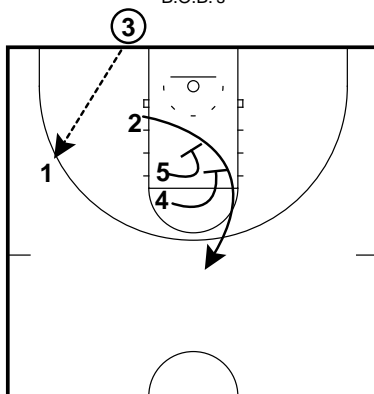


Elbow- 1
B.O.B.'s



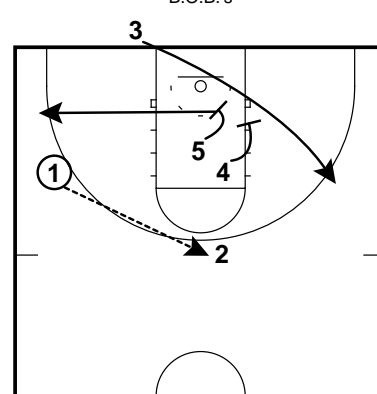
- 4 and 5 set a double screen for 1 and 2
- 1 comes off screen, getting open for pass from the 3
- 2 continues coming off screen and ends up around strong side block

Elbow- 1
B.O.B.'s



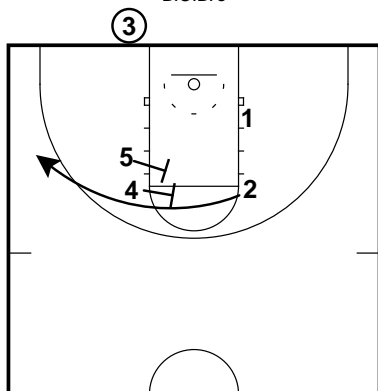
- 5 and 4 set a staggered screen for 2

Elbow- 1
B.O.B.'s



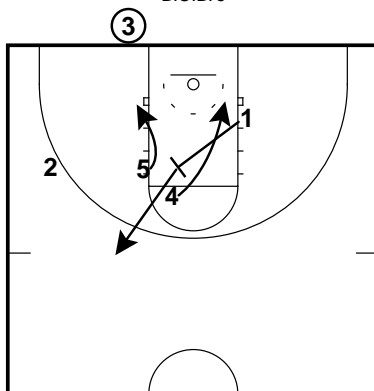
- 5 clears out after setting screen
- 2 gets pass from 1 and reverses it to the 3
- 3 looks for shot and 4 posting up

Elbow- 2
B.O.B.'s



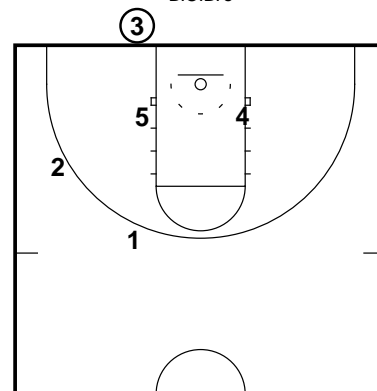
- 4 and 5 set a double screen for the 2

Elbow- 2
B.O.B.'s



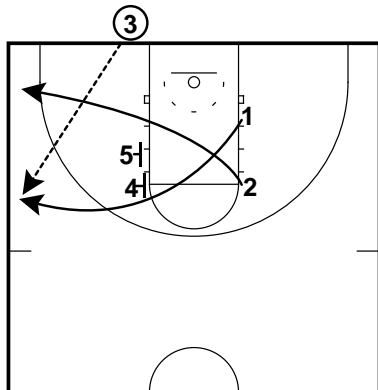
- After screening, 5 dives hard to strong side block
- 1 sets a back screen for the 4
- 4 comes off screen hard looking to get ball on weakside block
- 1 clears out to perimeter

Elbow- 2
B.O.B.'s



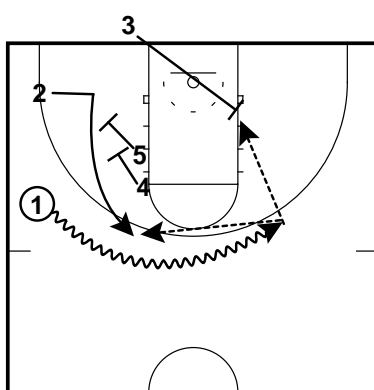
- Options: 2 in corner, 5 dive, 4 dive, 1 safety

Elbow- 3
B.O.B.'s



- 5 and 4 set a double screen for 1 and 2
- 1 comes off double first on the high side
- 2 comes off double on the low side

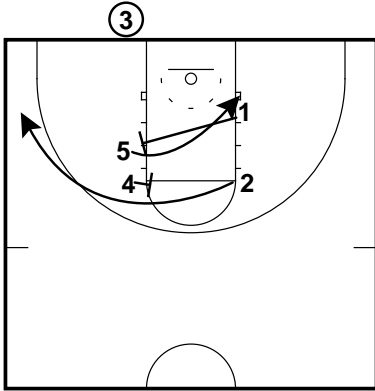
Elbow- 3
B.O.B.'s



- 1 gets the pass and dribbles hard to weakside
- 1 looks for 3 posting, and the 2 coming off a stagger from the 5 and 4

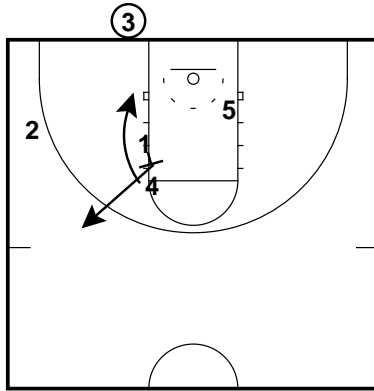


Elbow- 4
B.O.B.'s



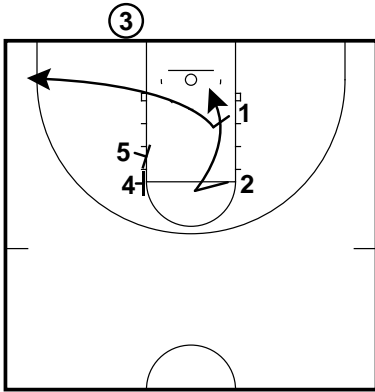
- 4 sets a screen for 2
- 1 sets a back screen for the 5
- 5 dives hard to weakside block

Elbow- 4
B.O.B.'s



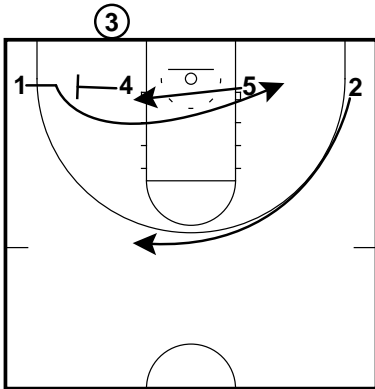
- 1 sets a back screen for 4
- 4 dives hard to strong side block
- 1 clears out to be safety

Elbow- "Eyes"
B.O.B.'s



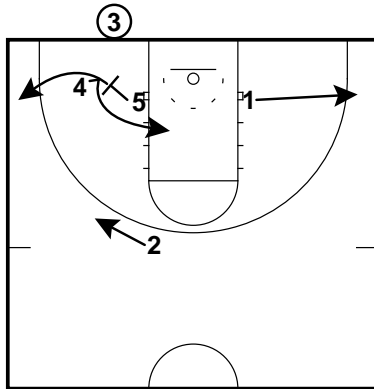
- Special Read... if 2 x is jumping under/over screens...2 jabs at defender and then dives

FLAT 1
B.O.B.'s



- 4 SCREEN FOR 1, cuts to block
- LOOK FOR 1

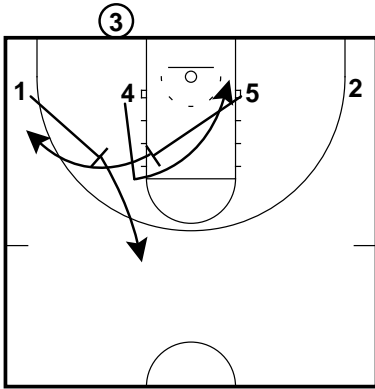
FLAT 1
B.O.B.'s



- LOOK FOR LOB FOR 4
- OR 5 POPPING OUT

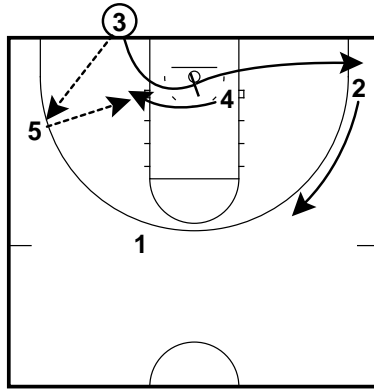


FLAT 2
B.O.B.'s



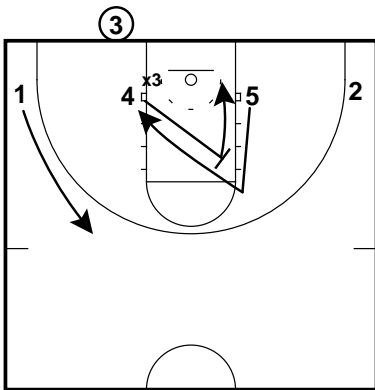
5 SCREENS 4 (LOOK)
1 SCREENS 5
1 POPS

FLAT 2
B.O.B.'s



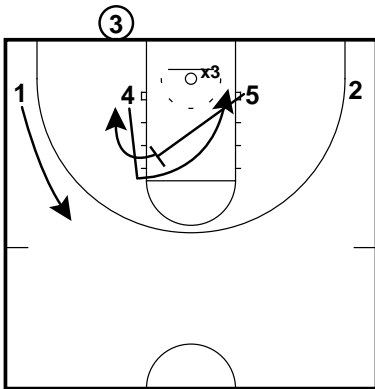
3 PASSES TO 5
3 CROSS SCREENS FOR 4
5 looks for 4

FLAT 2 adjust1
B.O.B.'s



4 SCREENS 5 and rolls to basket

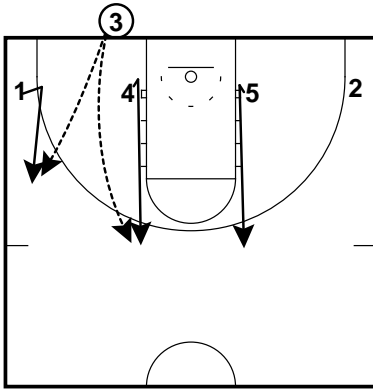
FLAT 2 adjust2
B.O.B.'s



5 SCREENS 4 AND SLIPS

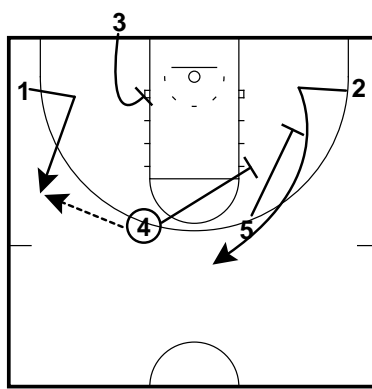


FLAT 3
B.O.B.'s



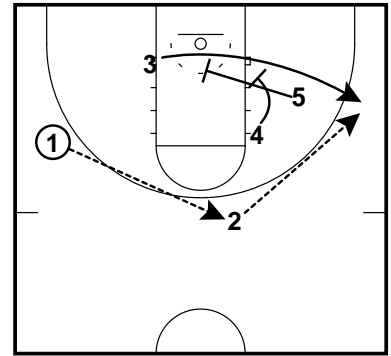
4 and 5 seal and pop high

FLAT 3
B.O.B.'s



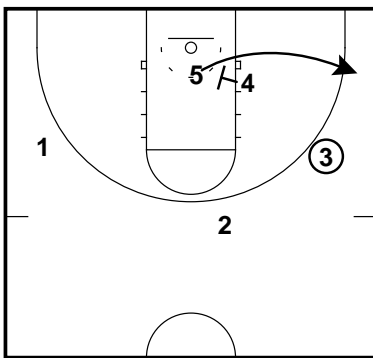
3 jumps in to post up (look)
4 and 5 stagger away for 2 (look)

FLAT 3
B.O.B.'s



3 comes off 4 and 5 stagger

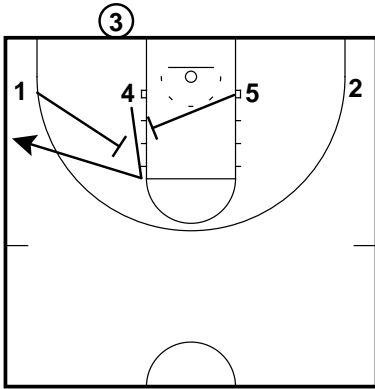
FLAT 3
B.O.B.'s



4 screens for 5 (look)
Or 3 can swing it around to 1

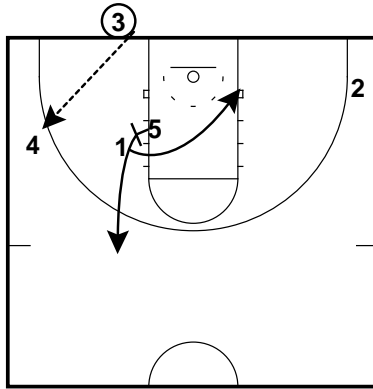


FLAT 4
B.O.B.'s



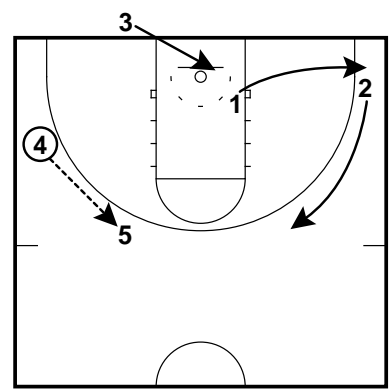
1 & 5 set back screen for 4
4 uses 1's screen

FLAT 4
B.O.B.'s

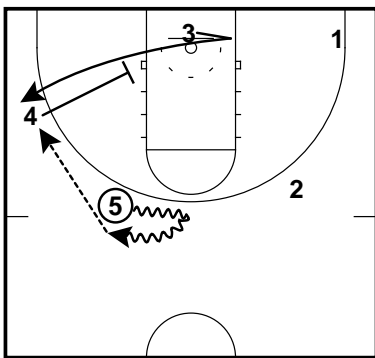


quick look is to the 1 inside
Or hit the 4 on the wing

FLAT 4
B.O.B.'s

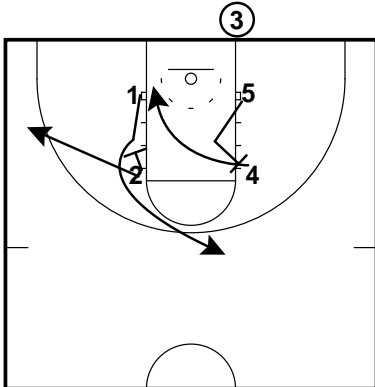


FLAT 4
B.O.B.'s



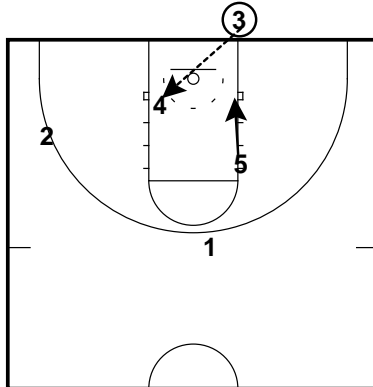
5 dribble away and come back
4 down screen for the inbounder coming in
for a 3pt look

Box 1
B.O.B.'s



1 runs off of 2 man's screen as safety. 2
pops out to the wing. 5 sets a back screen
for the 4 man who cuts to opposite block. 5
flashes to the ball.

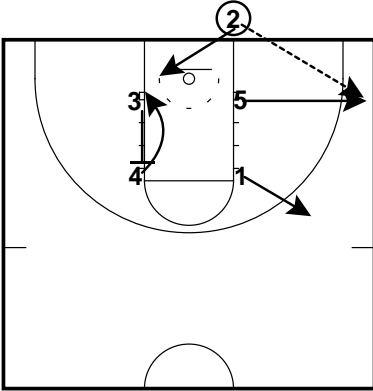
Box 1
B.O.B.'s



first look is the 4 man cutting to the basket.
second option is the 5 cutting back to the
basket after she sets a screen.

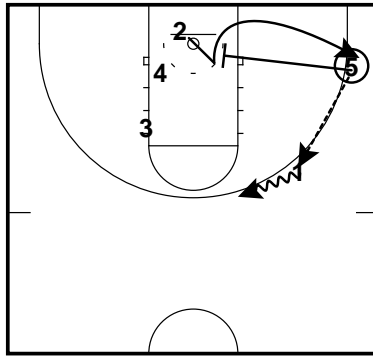


Box 2
B.O.B.'s



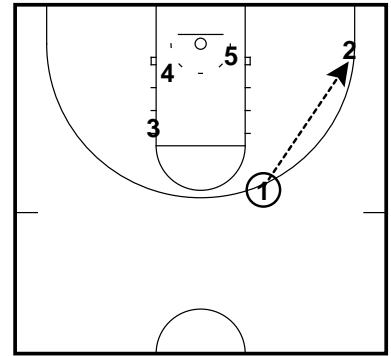
3 sets a back screen for the 4 who cuts to the basket. 5 and 1 pop out to the wing. 1 is safety. 2 passes the ball to the 5.

Box 2
B.O.B.'s



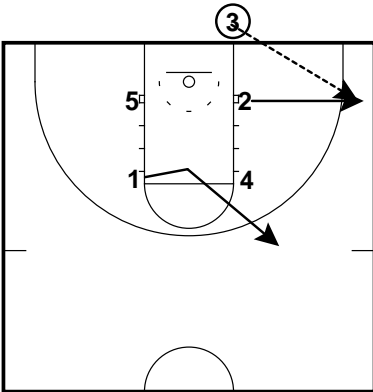
5 passes the ball to the one, who takes 2 hard dribbles to the left. 5 sets downscreen for the 2, who shoots out to the corner

Box 2
B.O.B.'s



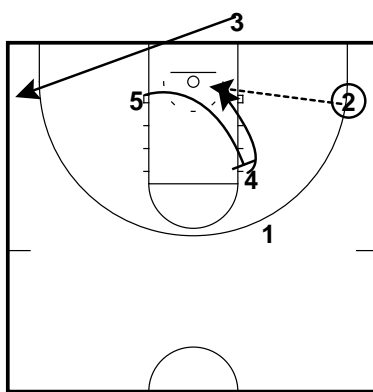
1 passes the ball to the 2 for a quick 3.

Box 3
B.O.B.'s



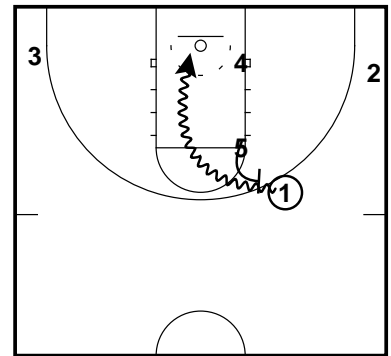
2 cuts out to strong side corner and receives pass from 3. 1 cuts to the top of key as safety.

Box 3
B.O.B.'s



5 sets a back screen for the 4, who brushes of the screen strong side for a layup.

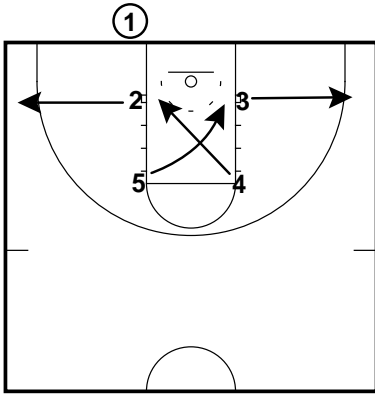
Box 3
B.O.B.'s



If the pass isn't there, 2 passes the ball to the 1 who receives an on-ball screen from the 5 to rack it or pick and pop with the 5.

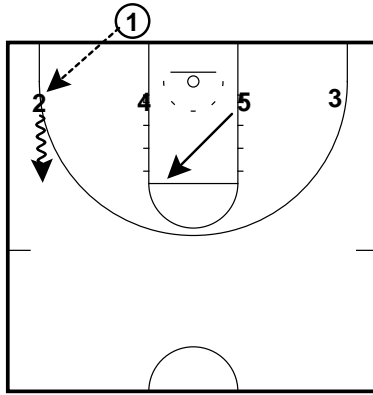


"X" (Zone)
B.O.B.'s



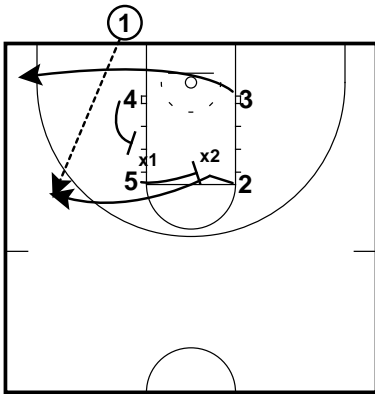
1. Look at 5 cutting off 4's butt
2. Hit 3 in the corner if defense covers the 5

"X" (Zone)
B.O.B.'s

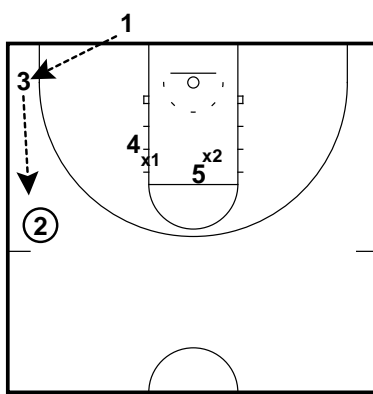


1. If hit the 2, she dribbles up to the wing and looks at the PG in the corner. 5 flashes to the hi post

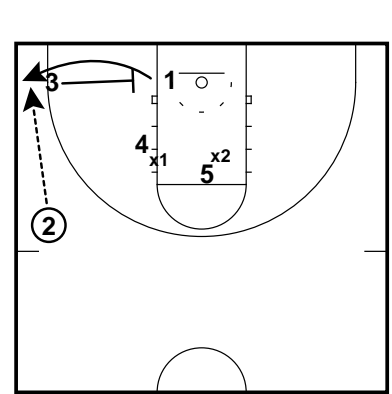
Number (Zone)
B.O.B.'s



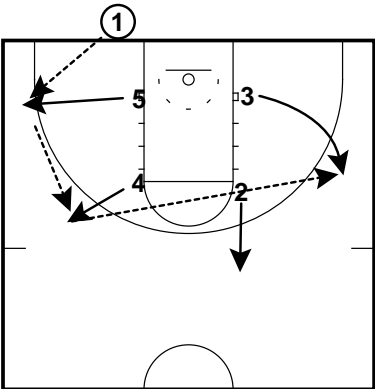
Number (Zone)
B.O.B.'s



Number (Zone)
B.O.B.'s

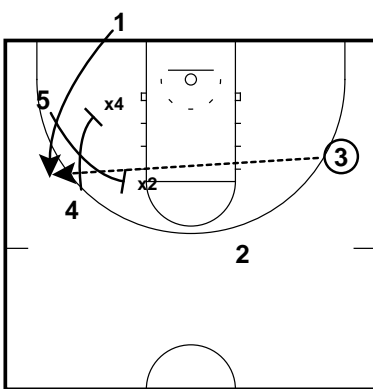


Eye
B.O.B.'s

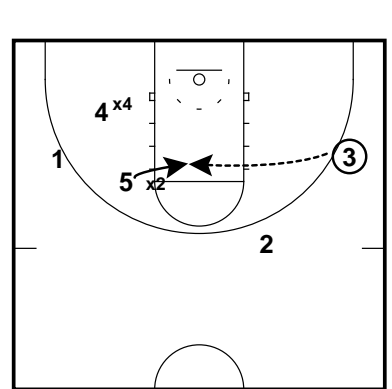


4 skips to 3

Eye
B.O.B.'s



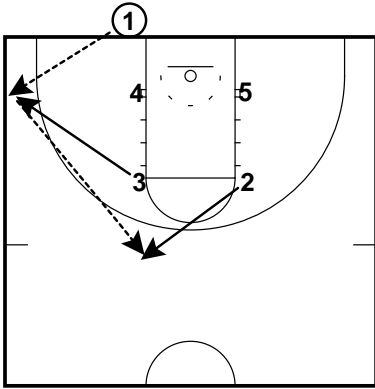
Eye
B.O.B.'s



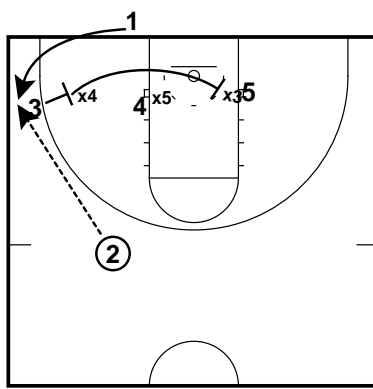
5 can shape to the ball if x2 fights out to guard the shooter



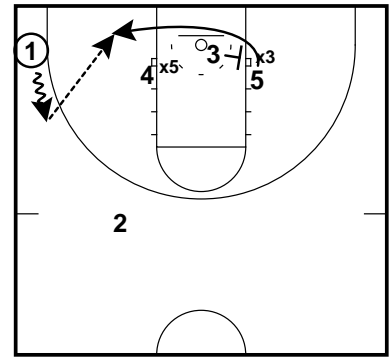
Ear
B.O.B.'s



Ear
B.O.B.'s

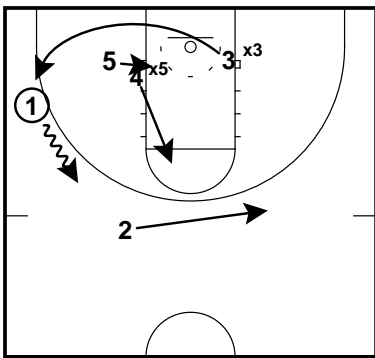


Ear
B.O.B.'s



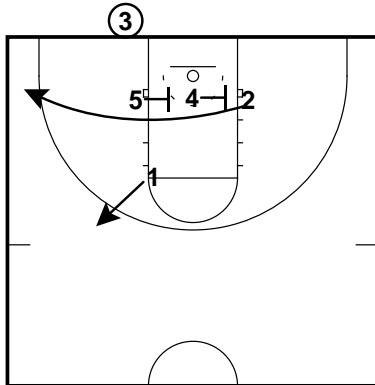
3 sets screen for 1 then screens the outside of the zone
4 posts up hard against the middle of the zone

Ear
B.O.B.'s



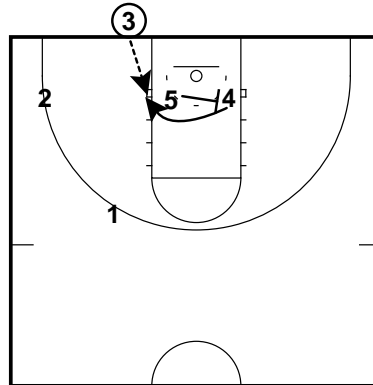
If 5 isn't open, 1 dribbles up
4 pops to the elbow
3 cuts back to the strong side

Ears
B.O.B.'s



5 and 4 screen for 2
1 seals and pops

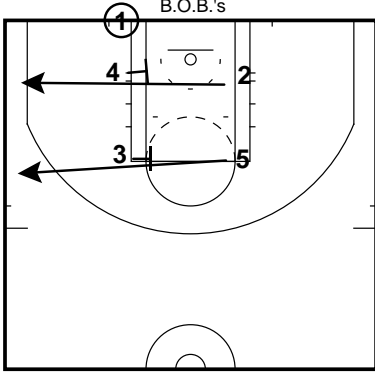
Ears
B.O.B.'s



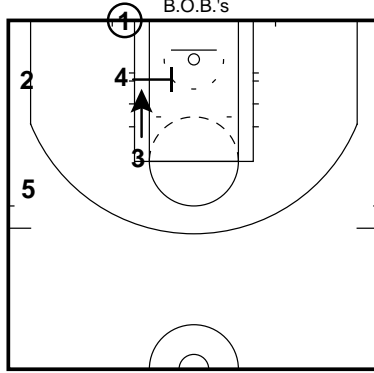
5 screens middle for 4
4 curls to basket
1 hits 4 or 5 opening up



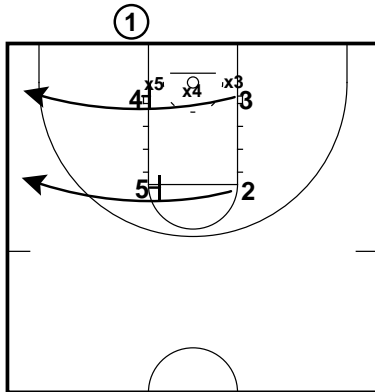
Elbow
B.O.B.'s



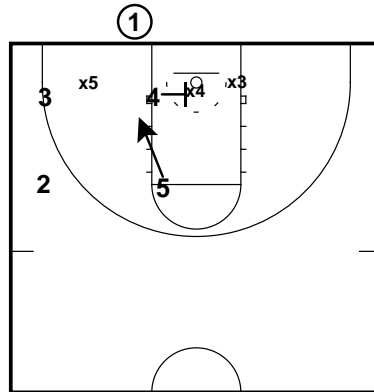
Elbow
B.O.B.'s



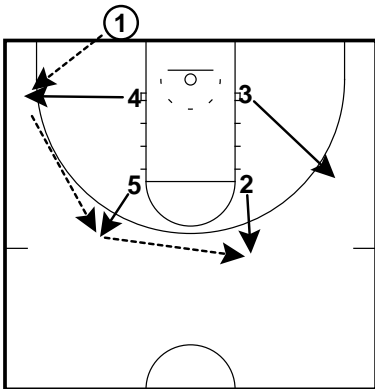
Elbow (Zone)
B.O.B.'s



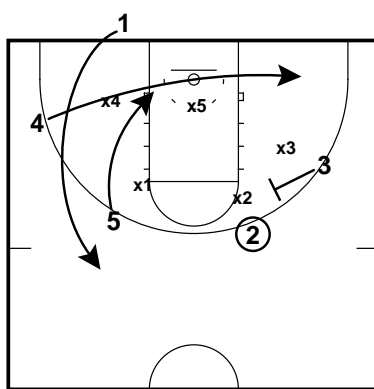
Elbow (Zone)
B.O.B.'s



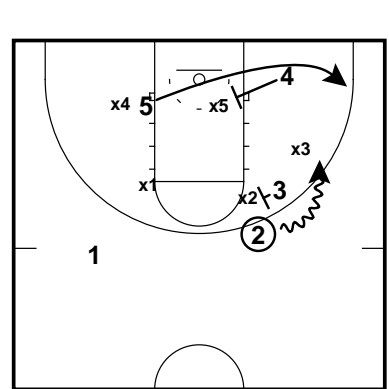
Scissors
B.O.B.'s



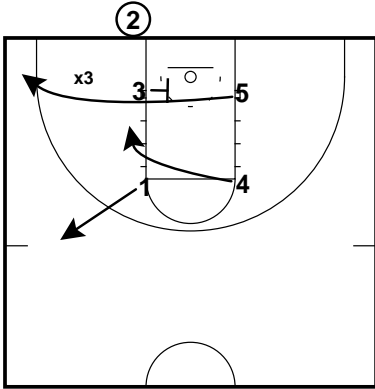
Scissors
B.O.B.'s



Scissors
B.O.B.'s

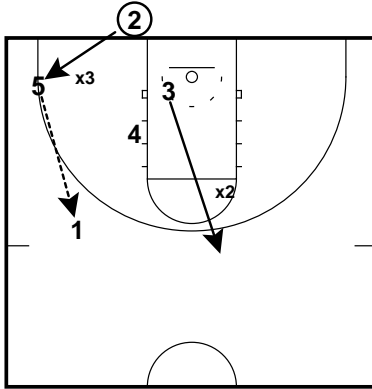


Gap
B.O.B.'s



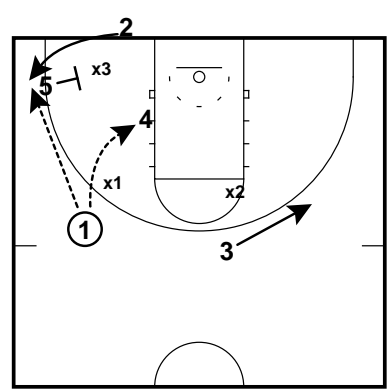
- 3 screens middle of the zone
- 5 cuts ball side corner
- 4 tries to find a gap
- 1 holds for a second and breaks out to help inbounds

Gap
B.O.B.'s

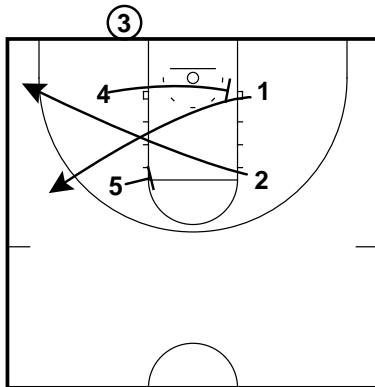


- 5 sets pin in for 2
- 4 tries to find gap
- 1 can hit 2 for a shot, 4 for a post touch or 5 shaping after the screen if X3 fights hard thru the screen

Gap
B.O.B.'s

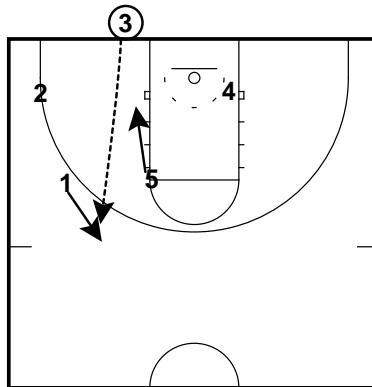


Zone - Ears
B.O.B.'s



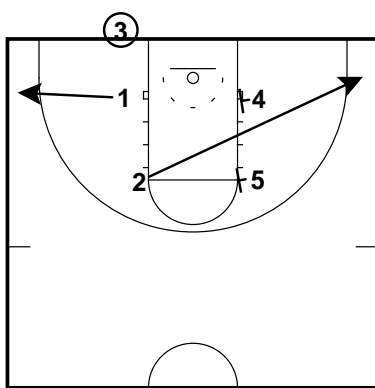
- 4 sets a screen on inside of zone for the 2
- 5 sets a screen on outside of zone for the 1

Zone - Ears
B.O.B.'s



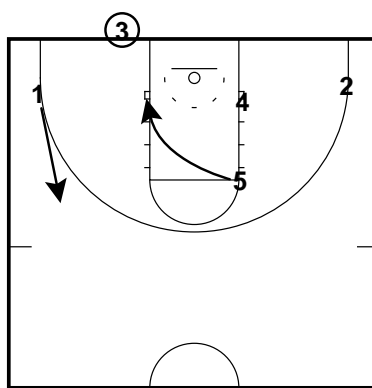
- 5 dives
- 4 seals middle of zone, most likely going to be outside bottom player
- 1 becomes safety

Zone - Ears 2
B.O.B.'s

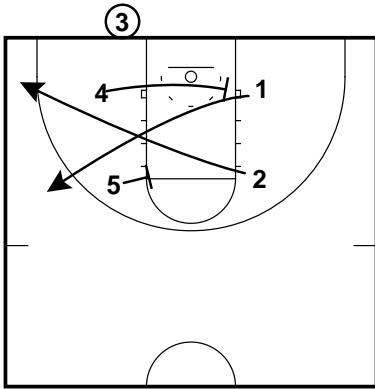


- 2 weakside, 4 weakside, 5 diving 1 safety

Zone - Ears 2
B.O.B.'s

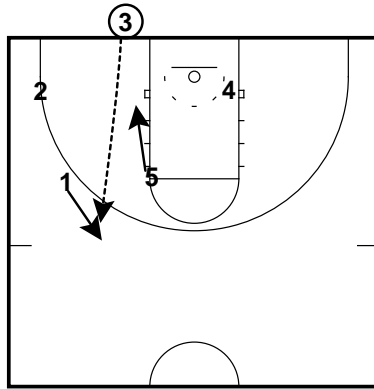


Zone - Fist
B.O.B.'s



- 4 sets a screen on inside of zone
- 5 sets a screen on outside of zone

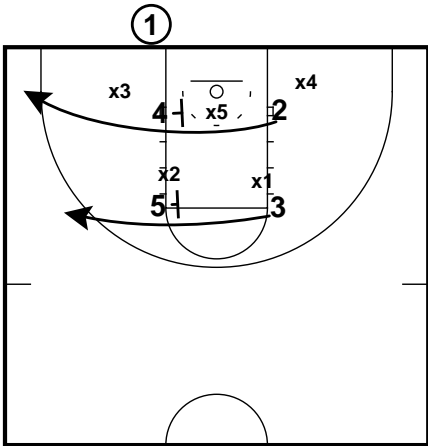
Zone - Fist
B.O.B.'s



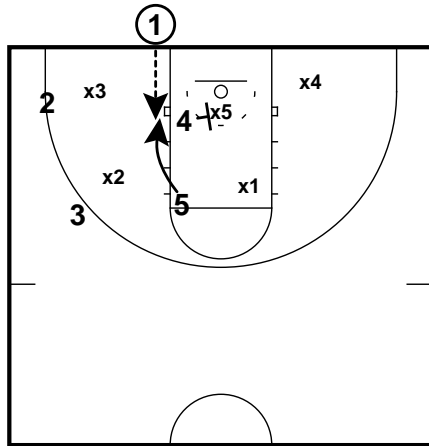
- 5 dives
- 4 seals middle of zone, most likely going to be outside bottom player
- 1 becomes safety



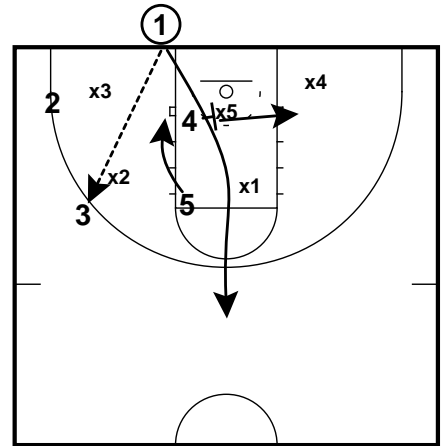
"Nose"
B.O.B.'s



"Nose"
B.O.B.'s

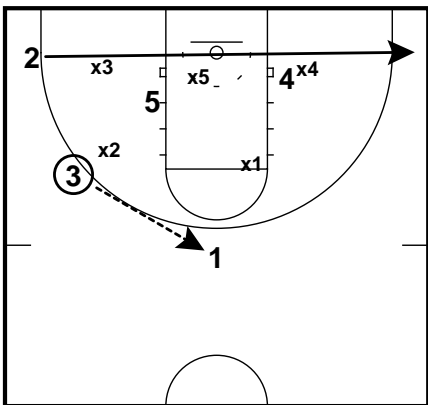


"Nose"
B.O.B.'s



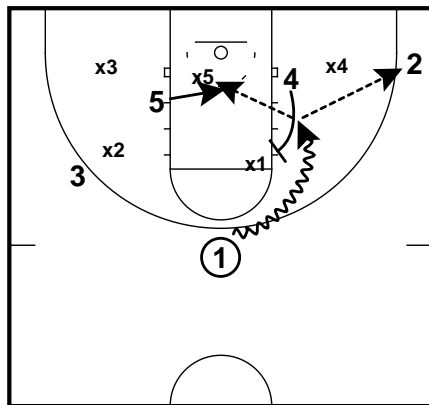
If 5 isn't open down the lane, 1 ball gets to the 3 (either thru the two or straight to the 3) 4 clears the lane

"Nose"
B.O.B.'s



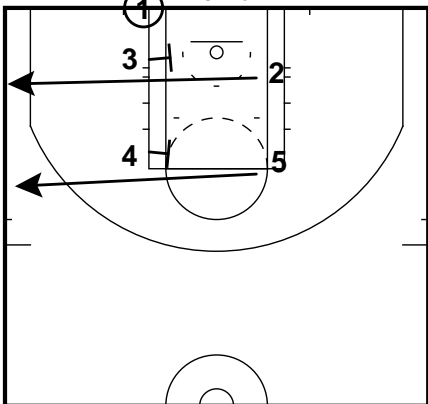
2 cuts thru to the other side as 1 gets to the top.
3 passes to 1.

"Nose"
B.O.B.'s

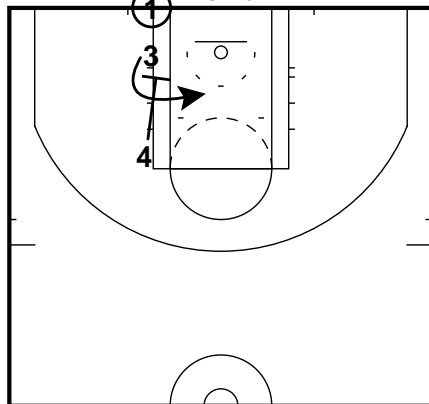


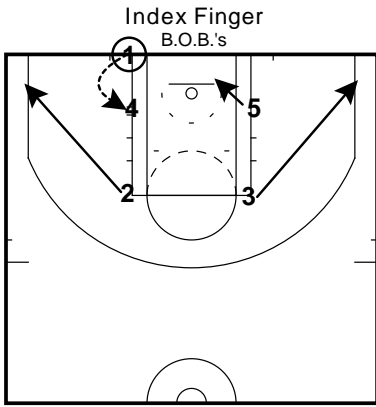
4 sets OBS for 1 on outside guard defender
5 ducks in on center or seals X3 for a pass (depending on how they play it)

"L"
B.O.B.'s

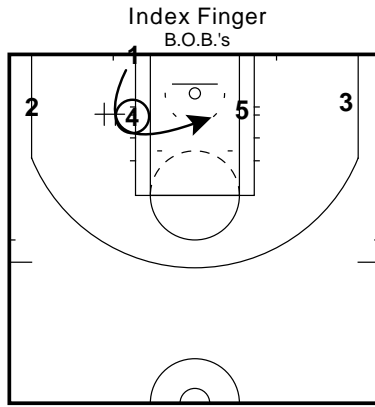


"L"
B.O.B.'s

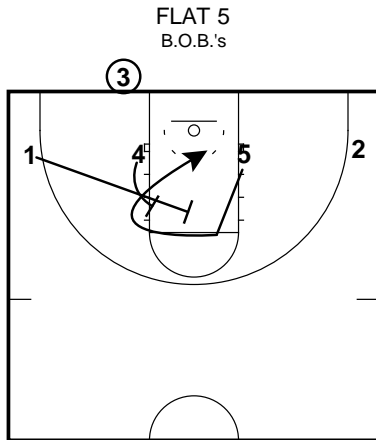




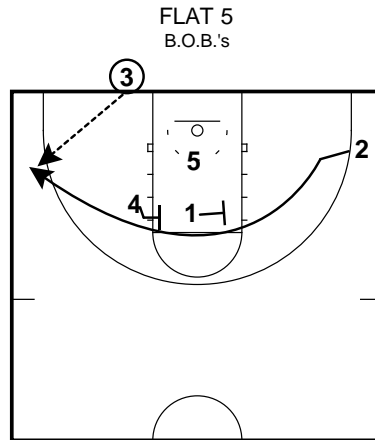
2 and 3 cut hard to the corners. 5 looks to occupy the block and seal.



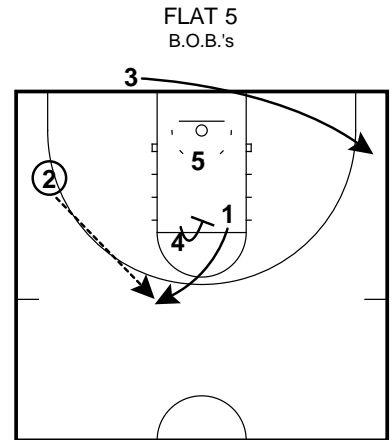
1 looks for a hand off from 4. 4 can make the read to fake the handoff and finish back baseline.



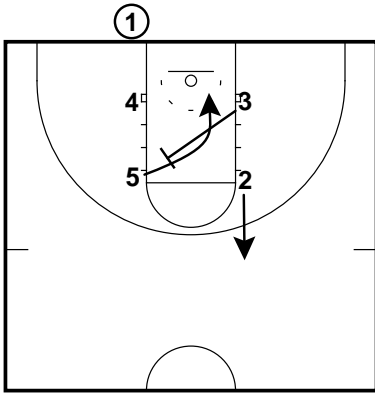
1 sets the 1st screen
4 sets the 2nd
5 pops up then curls around 1 & 4 screen



1 sets 1st screen
4 sets 2nd
5 and x5 clog the paint
2 calls for ball wide and then sprints off screens for quick 3pt

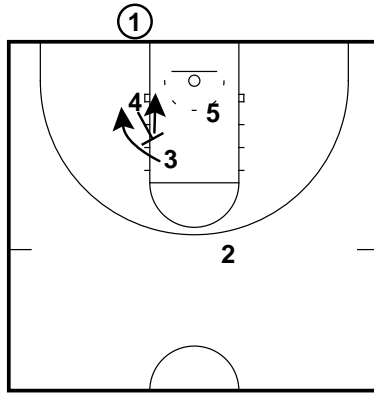


HEAD
B.O.B.'s

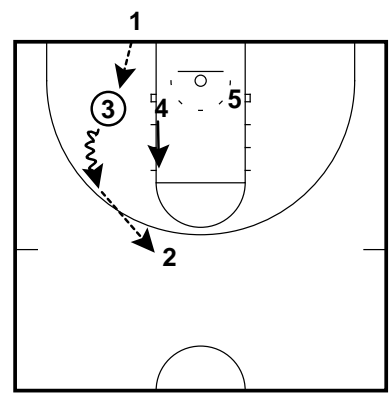


1. Hit the 5
2. Look at 3 for quick shot
3. Look at 4 rolling or slipping
4. 3 is last option

HEAD
B.O.B.'s

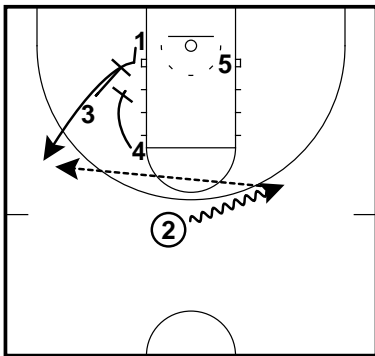


HEAD
B.O.B.'s

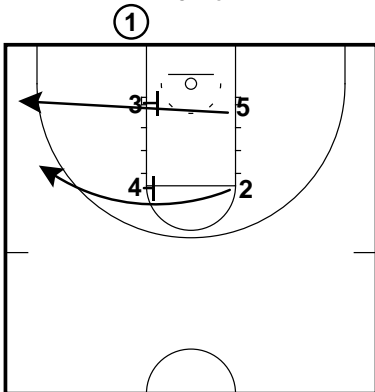


1. FG can hit 3. 3 dribble up. Hit 2
2. Stagger for FG

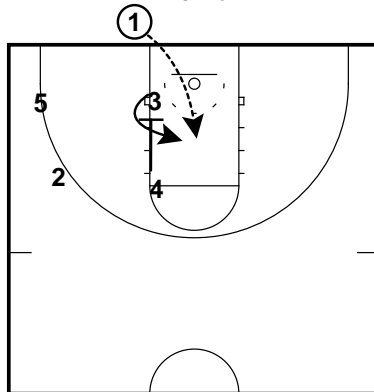
HEAD
B.O.B.'s



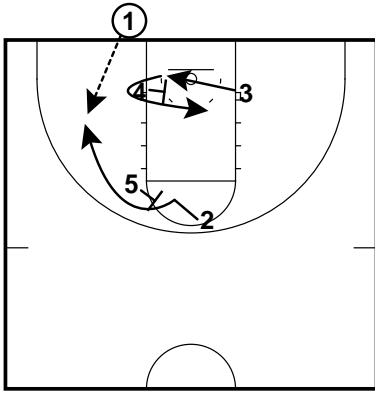
EOG ("L")
B.O.B.'s



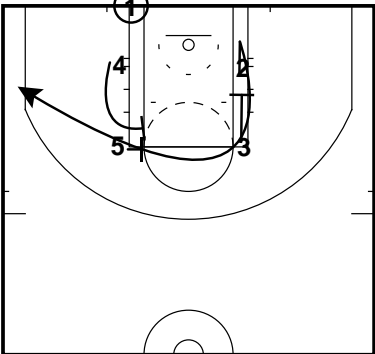
EOG ("L")
B.O.B.'s



EOG
B.O.B.'s

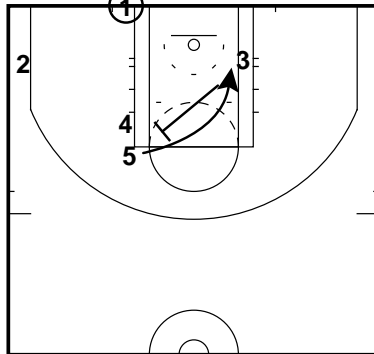


Nose
B.O.B.'s



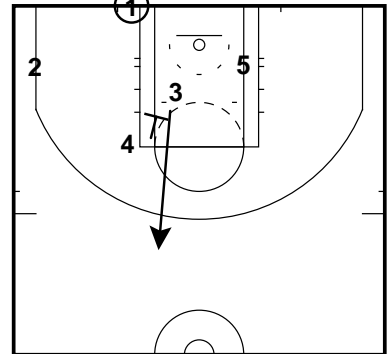
Best shooter is in the 2 spot. 3 screens down for 2 and posts up on the block. 4 comes up to the elbow. 4 and 5 set screens at the elbow.

Nose
B.O.B.'s



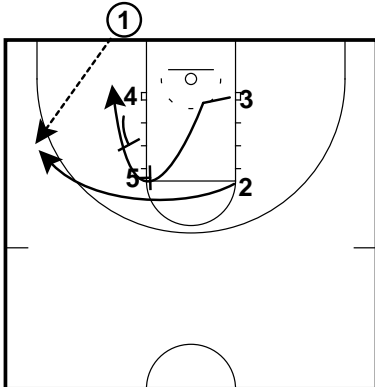
2 comes off looking for a shot. She can trail as well if the defense is curling. Then 2 must get to the corner. 3 sets a screen for the 5 who comes off weakside block.

Nose
B.O.B.'s



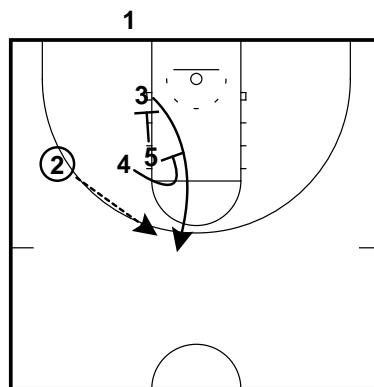
4 then sets flare for 3 and then dives to the basket.

SAVE
B.O.B.'s



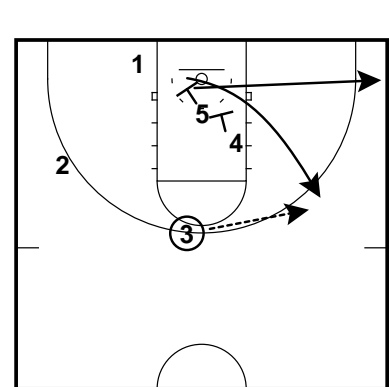
1. Fakes middle and runs off double stagger to block. If open hit the 3.
2. 2 follows. PG hits 2.

SAVE
B.O.B.'s



1. 5 & 4 set stagger for 3

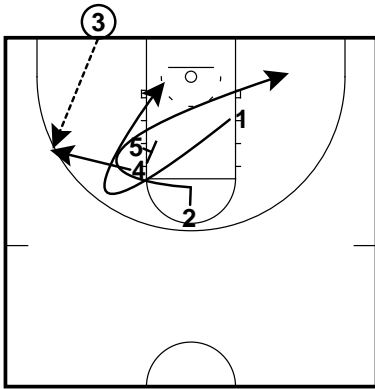
SAVE
B.O.B.'s



1. 5 & 4 set stagger for PG.
2. 5 pops to the corner off screen by 4

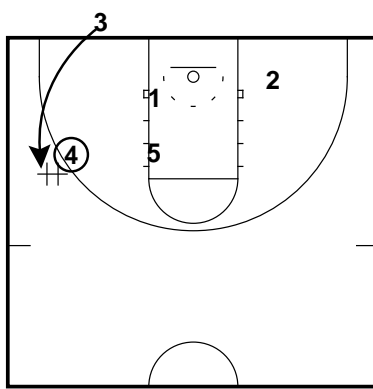


Trips
B.O.B.'s



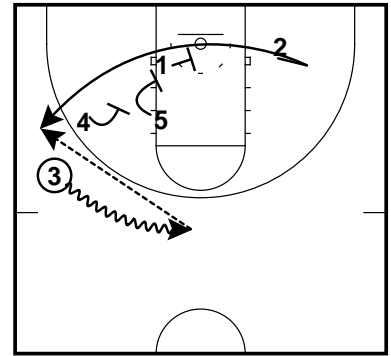
2 cuts towards 1 then curls off 4 & 5 to the short corner
 1 curls off to the low block
 4 pops straight out to receive pass from 3

Trips
B.O.B.'s



3 gets handoff from 4

Trips
B.O.B.'s



3 dribbles hard towards rim line
 2 comes off triple screen w/ 4 as last screen

