Developing your defensive Philosophy

1. Objectives/Purpose
   Provide to your players a system that they can believe in

2. Guidelines
   Process of elimination (binary choice)

3. McDonalized your defense
   Assume your players know nothing and that they have no basic fundamental skills.

4. Drills/Competition
   A drill is not a GREAT drill, unless the coach teaches the drill in a great manner with energy and enthusiasm.

5. Assistant Coaches
   Sales people, they must constantly sell your philosophy

ADRIAN O. WALTERS; ASSISTANT WOMEN'S BASKETBALL COACH,
AUBURN UNIVERSITY, AUBURN ARENA
(334) 734-4400; ADUB@AUBURN.EDU