



# 2017 WBCA Convention

## Offensive Skill Development For Your Talls and Smalls

### University of Washington Staff

Email us at [nabes22@uw.edu](mailto:nabes22@uw.edu) for a 32 page full handout with diagrams, pictures, and more drills

The iY Generation/Millennials players that you are coaching today certainly come with challenges to us Baby Boomer and Gen Xers. Due to advances in technology there is a bigger gap between three generations than has ever existed on the face of the Earth. So congratulations, not only have you chosen one of the most demanding professions (teacher/coach/mentor), but you have done so during the hardest era in recorded history!!!

That's the hard news. Here's the good news. Your players, if you have recruited successfully to your culture, want to please you more than any generation in history. They want to be great more than any generation in history. They want to change the world more than any generation in history. And while they no longer need you as a coach to provide them with information, they DO NEED you help them interpret the information they find and they DO NEED you to be there when they need you.

How does that translate to your Skill Development plan?

Your plan must be fast paced and ever adapting.

Your plan must be measurable so they can see their progress and their setbacks.

Your plan must be impactful on their game success.

Both your Talls and Smalls, need a plan for what you want from them In Transition and In the Half Court.

Both your Talls and Smalls, need a plan for what you want from them In Space and In a Crowd.

The last thing they need (and should demand of you) is a plan to make ANY Defender "wrong".



#### *TALLS*

Superman Series:

Rip Series:

Chair Series:

Quick Turns:

Ball Screen:

#### *SMALLS*

Ahead Series:

Rack it Series:

Ball Screen Series:

Rip Series:

Shot Making Series: 32

33

Star for Time

3-6-9-12-15

Big 6