



The STAR/AR Feedback Model

Use STAR/AR when you want to give constructive feedback with advice of what to do going forward

SITUATION TASK
S/T
ACTION RESULT ALTERNATIVE RESULT
AR/AR

Feedback is a 2-Way Street

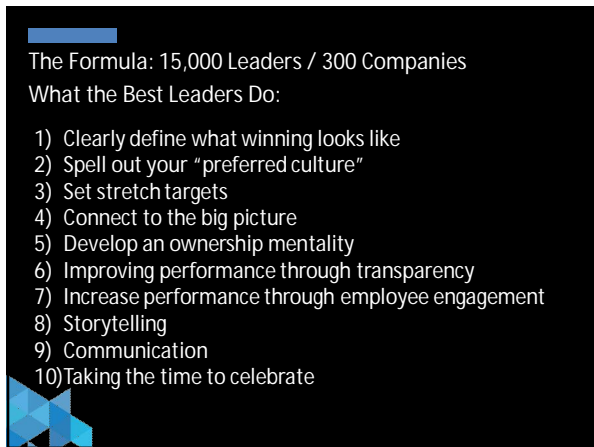
Delivering a difficult message is like throwing a hand grenade...there's not a way to throw a hand grenade with tact or to outrun the consequences.

~ *Difficult Conversations*

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Thank You



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