This guide is prepared to assist institutional personnel (coaches, administrators, equipment managers, etc.), conference offices and officials with the rules concerning uniforms and other apparel. It is not meant to be a substitute for the rule book. If there is a conflict between this guide and the rule book, the rule book shall take precedence. Questions may be directed to the secretary-rules editor at jonlevinson@icloud.com.

**Uniforms (Rule Supplement, 1-22)**

In general, the uniform rules are intended to positively impact the following needs:

- **COACHING** – Identification of an opponent's personnel when scouting on film and for in-game coaching strategy.
- **OFFICIATING** – Proper foul reporting; identification of disqualified players or players involved in an altercation, etc.
- **IMAGE** – How players appear on television/fan appeal

**Game Jersey**

- Shoulder panel is measured from the top of the shoulder/shoulder seam and extends a maximum of 5 inches toward the bottom of the jersey on both the front and the back.
- The neutral zone
  1. Extends from the shoulder panel to the bottom of the jersey on both the front and the back.
  2. Is a minimum of 12 inches wide measured 6 inches from the center of the neckline.
  3. Must be a single solid color.
- May contain no more than 2 identifying names on the front or back of the jersey.
  a. Identify the name of the school, school nickname, mascot, player's name or institutional logo.
  b. May not be placed closer than 1 inch from the number.
  c. Names intended to celebrate or memorialize persons, events or other worthy causes are permitted only in the back neutral zone.
- Numbers must be a minimum of 4 inches high on the front and 6 inches high on the back
  a. The number must be a single solid color that contrasts the neutral zone.
  b. The number may not be less than 1 inch wide.
  c. May be bordered by no more than a ½ inch border of any color(s).
6. Institutional/Conference logos
   a. One institutional logo and one conference logo (that fits within a four-sided geometrical shape no larger than 2¼ square inches) is permitted on the game jersey: 1) at the apex of the neckline or shoulder panel on the front of the jersey or 2) the apex/center of the neckline on the back of the jersey as close to the neckline as possible. On the front of the jersey, it is permissible to have both an institutional and conference logo, provided one is at the apex of the neckline and one on the shoulder panel.

7. An American flag is permitted between the apex of the neckline and the shoulder seam on the left side of the game jersey, provided it fits within a four-sided geometrical shape no larger than 2¼ square inches.

8. A memorial/commemorative patch, that fits within a four-sided geometrical shape no larger than 2¼ square inches, is permitted on the game jersey: 1) at the apex of the neckline or shoulder panel on the front of the jersey or 2) the apex/center of the neckline on the back of the jersey as close to the neckline as possible.

Game shorts
- A perceptible majority of the game shorts must be the color of the game jersey's neutral zone (clear to the naked eye).
- Institutional names, mascots, or logos are permitted on the game shorts
  1. No limit to the number of logos on the game shorts
  2. Institutional names, mascots and logos count against the perceptible color of the game shorts.
- One manufacturer's logo (that fits within a four-sided geometrical shape no larger than 2¼ square inches) is permitted on the game shorts.

Undergarments (Rule 1-23)

Undershirts
- Considered part of the game jersey and must be a color similar to the game jersey as defined by the neutral zone.
- Neckline and sleeves may not be altered.
- Sleeves must be the same length on an individual player
- If the sleeves extend below the elbow, the shirt must be made of compression material or be tight-fitting on the arms
- No logos of any type, decorations, trim, commemorative patches, lettering or numbering are permitted on the undershirt.

Undergarments (tights)
- May extend below the game shorts and must be the majority color of the game pants (as determined by the neutral zone of the game jersey), white, black or beige.
- All teammates must wear the same color.
• One institutional logo or mascot (that fits within a four-sided geometrical shape no larger than 2¾ square inches) is permitted on undergarments that extend below the game shorts.

**Headbands/Wristbands (Rule 1-24.1, 2)**
- **Must be** a single nonabrasive and unadorned item made of cloth, elastic, fiber, soft leather, pliable plastic or rubber.
- Must be a solid, single color similar to the dominant color of the game jersey (neutral zone), white, black or beige.
- May have **one** manufacturer’s or one institutional logo/mascot that fits within a four-sided geometrical shape no larger than 2¾ square inches. The logo shall only appear once.
- Wristbands must meet the same requirements as headbands.
- Headbands and wristbands must be the same color and all team members must wear the same color.

**Sleeves (Rule 1-24.4)**

**Arm sleeves**
- Must be a solid color.
- May be black, white, beige or any color contained in the game jersey.
- Teammates must wear the same color arm sleeves.
- One institutional logo or mascot (that fits within a four-sided geometrical shape no larger than 2¾ square inches) is permitted on an arm sleeve.
- One manufacturer's logo (that fits within a four-sided geometrical shape no larger than 2¾ square inches) is permitted on an arm sleeve.

**Leg/Knee sleeves**
- Must be a solid color.
- May be black, white, beige or the color of the game pants (as determined by the color/neutral zone of the game jersey).
- Knee pads (i.e., volleyball-type pads) are considered knee sleeves for the purpose of the rule.
- Teammates must wear the same color leg/knee sleeves, **except** if a knee sleeve is worn underneath a knee brace. If a knee sleeve is worn under a knee brace, the sleeve must be either 1) the same color as leg/knee sleeves worn by teammates, 2) black, white, beige or the color of the game pants if the player is the only player wearing a leg/knee sleeve or 3) the color of the knee brace regardless of whether or not teammates are wearing leg/knee sleeves.
- One institutional logo or mascot (that fits within a four-sided geometrical shape no larger than 2¾ square inches) is permitted on leg/knee sleeves.
- One manufacturer’s logo (that fits within a four-sided geometrical shape no larger than 2¾ square inches) is permitted on leg/knee sleeves.
Play 1: A1 is wearing a ½ inch wide band around her head with multiple manufacturers' logos that appear at one-inch intervals around the band.
Ruling 1: This is illegal. A manufacturer's logo may only appear one time on the headband. A1 is not permitted to play until the headband is corrected.

Play 2: A1 is wearing a headband that has small, soft plastic sequin-like attachments.
Ruling 2: This is illegal. While headbands may be made from pliable plastic, they may not be adorned or decorated with any extra material.

Play 3: A1 is wearing a white arm sleeve and A2 is wearing a black leg/knee sleeve.
Ruling 3: Legal. Arm sleeves are not required to be the same color as leg/knee sleeves.

Play 4: Team A's uniforms consist of white game jerseys (as defined by the neutral zone) with green and blue trim. Four team A players are wearing black leg/knee sleeves. A1 is wearing:
- a white undershirt
- a blue arm sleeve
- black tights that extend below the game pants
- a purple knee brace
- a purple knee sleeve under her knee brace
Is A1 legally attired?
Ruling 4: Yes. A1's undershirt is a color similar to the color of the game jersey, her arm sleeve is a color contained in the game jersey, her tights are a legal color, there is no restriction on the color of a knee brace and her knee sleeve is the same color as the knee brace.

Play 5: A1 is wearing a sleeve that has a camouflage pattern on it.
Ruling 5: The sleeve is illegal. A sleeve must be a single, solid color.

Play 6: May A1 wear a white volleyball-type kneepad if her teammates are wearing black leg/knee sleeves.
Ruling 6: No. All leg/knee sleeves and knee pads must be the same color.