

**NCAA DIVISION I COMMITTEE FOR LEGISLATIVE RELIEF BLANKET WAIVER
COUNTABLE ATHLETICALLY RELATED ACTIVITIES FOLLOWING
COMPETITION IN SPORTS OTHER THAN FOOTBALL
APPROVED NOVEMBER 24, 2020**

The NCAA Division I Committee for Legislative Relief approved a blanket waiver to permit NCAA Division I sports other than football to participate in up to one hour of film review and/or team meetings following competition when the team is competing on the following day during the 2020-21 playing season provided:

- (1) Teams do not participate in any physical countable athletically related activities (e.g., practice, strength/conditioning workouts, walk-through, shootaround) following competition; and
- (2) Time spent in film review and/or team meetings following competition be included in the daily (four) and weekly (20) hour limitations.

Finally, because the waiver creates the potential for increased required activity while potentially decreasing time that would be otherwise allocated at the discretion of student-athletes, an institution's medical staff should be properly consulted as to the impact on overall student-athlete well-being, and have ultimate discretion consistent with independent medical care legislation, with respect to any required post-competition activities that occur on the same calendar day.

In granting this request, the committee noted:

- (1) The unique and extenuating circumstances associated with the COVID-19 pandemic and the impact of the pandemic on scheduling and competition during the 2020-21 playing season;
- (2) The Collegiate Commissioners Association Compliance Administrators (CCACA) supports the waiver request; and
- (3) The NCAA Division I Men's Basketball Oversight Committee, NCAA Division I Women's Basketball Oversight Committee and NCAA Division I Student-Athlete Experience Committee support the waiver request.

See Case No. 1114415 in Requests/Self-Reports Online via the search tab. Additional information regarding blanket waivers can be found on the Committee for Legislative Relief [homepage](#).

[Reference: NCAA Division I Bylaw 17.1.7.3.2.1 (countable athletically related activities prohibited after competition)]