## Interpretation - 1 Interpretation

## Title:

Conditioning and Expenses Outside the Playing Season (I)

Date Published: March 19, 2014

**Type:** Staff Interpretation

Item Ref: a

## Interpretation:

The academic and membership affairs staff confirmed that it is not permissible to provide expenses (e.g., travel, lodging, meals) to student-athletes in conjunction with permissible conditioning activities that may occur outside the playing season during the academic year. However, an institution may pay a fee related to the conduct of permissible conditioning activities (e.g., fee for yoga instruction, fee related to a conditioning program).

[References: NCAA Division I Bylaws 16.8.1 (permissible), 17.02.1 (countable athletically related activities), 17.1.6.2 (weekly hour limitations -- outside the playing season), staff interpretation (5/4/12, Item a), and staff interpretations (8/23/96, Item b) and (5/31/2012, Item a), which have been archived]

## References

Legislative References			
Div.	Number	Title	
I	17.02.1	Countable Athletically Related Activities.	
I	17.1.6.2	Weekly Hour Limitations Outside the Playing Season.	
I	16.8.1	Permissible.	

Other		
References Interpretations:	3	