

## 2020 NCAA WBB DIII Related Legislation FINAL

Proposal Number	Title	Intent	Rationale	Status	Effective Date
2020-4	AWARDS AND BENEFITS -- HOUSING AND MEALS -- EXCEPTIONS -- SNACKS AND NUTRITIONAL SUPPLEMENTS INCIDENTAL TO PARTICIPATION	To specify that an institution may provide snacks and permissible nutritional supplements to student-athletes as a benefit incidental to participation in intercollegiate athletics.	In addition to meals benefits allowed under current legislation, this proposal will permit an institution to provide snacks and permissible nutritional supplements to all-student-athletes at its discretion as a benefit incidental to participation in intercollegiate athletics. Such measures will help ensure that all student-athletes' nutritional needs are met incidental to practice and other activities. This proposal is intended to provide flexibility to meet the student-athletes' nutritional needs and to alleviate administrative burdens related to accounting for such benefits. Nutrition is not an issue of competitive advantage, but rather an issue of student-athlete health and safety. This proposal allows institutions to more fully provide for overall well-being of Division III student-athletes.	Adopted Final	08/01/2020
2020-6	ATHLETICALLY RELATED ACTIVITIES -- LEADERSHIP PROGRAMMING OUT-OF-SEASON INVOLVING ATHLETICS RELATED INFORMATION AND CONTENT (GENERAL IN NATURE)	To allow student-athletes serving in a team leadership capacity to voluntarily participate in leadership programming involving general, athletics-related content/information outside of the declared playing season with any member of an institution's coaching staff, provided the content of the programming does not include any: <ul style="list-style-type: none"> <li>a) Field, floor, or on-court activity;</li> <li>b) Setting up offensive or defensive alignment;</li> <li>c) Chalk talk;</li> <li>d) Lecture on or discussion of strategy related to the specific-sport of the student-athlete(s);</li> <li>e) Activities using equipment related to the sport;</li> <li>f) Discussion or review of game films, motion pictures or videotapes related to the sport; or</li> <li>g) Any other athletically related activity.</li> </ul>	<p>Leadership development is inherent to the NCAA Division III philosophy. Large-group leadership opportunities hold value; however, powerful growth happens in small, experience-based settings. Allowing coaches to work with team leaders is the most effective means of mentoring and experiential learning. NCAA-supported and facilitated leadership programs affirm that small group and individualized approaches are more effective than large-group programming for student-athletes.</p> <p>Additionally, with increased attention and awareness of mental health concerns among student-athletes, additional engagement between coaches and student-athletes strengthens the support networks student-athletes build during their season and could assist in identifying mental health concerns to ensure appropriate resources and support are provided out-of-season to student-athletes.</p> <p>Intercollegiate athletics plays an integral role in enrollment management strategies at Division III institutions. The retention of student-athletes is critical in the success of not only intercollegiate athletics programs, but the entire institution for many Division III members. With the transfer rate continuing to increase in Division III, allowing additional time for student-athletes and coaches to discuss leadership development-related content will positively impact the overall experience and growth for student-athletes as well as institutional retention rates.</p> <p>Consistent leadership programming would allow student-athletes opportunities to expand their leadership capacities as part of their holistic experience.</p>	Adopted Final	08/01/2020
NC-2020-1	PLAYING AND PRACTICE SEASONS -- ATHLETICALLY RELATED ACTIVITIES -- VOLUNTARY OUT-OF-SEASON ACTIVITIES LIMITED PRIMARILY TO MEMBERS OF THE TEAM	To permit student-athletes to participate in on-court or on-field activities that are limited primarily to members of that team provided those activities are not mandatory and are not organized or involve members of the coaching staff.		Adopted Final	Immediate

Proposal Number	Title	Intent	Rationale	Status	Effective Date
NC-2020-8	PLAYING AND PRACTICE SEASONS -- FOREIGN TOURS -- EXPENSES -- INCREASE PER DIEM TO \$30	Increase from \$20 to \$30, the amount of per diem an institution may provide a student-athlete to cover unitemized incidental expenses incurred in connection with an institutional foreign tour.		Adopted Final	Immediate