

## 2016-17 DI WBB Related Autonomy Legislative Proposals

Proposal Number	Title	Intent	Rationale
2016-129	AUTONOMY PROPOSAL -- AMATEURISM -- MEDIA ACTIVITIES	To establish consistent regulations governing student-athlete participation in media activities both during and outside the playing season, as specified.	Student-athletes should not miss class in order to participate in a media activity that relates to their athletics ability or prestige (with two exceptions), regardless of the time of year. Reducing the amount of missed class time for student-athletes will provide them with greater opportunities for academic success. The overarching goal of this proposal is consistent with the broad-based attempt to recalibrate student-athlete time balance to allow more time to devote to academics and other pursuits.
2016-131	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- MEALS IN CONJUNCTION WITH AWAY-FROM-HOME COMPETITION -- OPTION ON EACH DAY	To specify that on each day associated with an away-from-home competition (from the time the team is required to report on call for team travel until the team returns to campus) an institution may choose to provide student-athletes with regular meals (or allowances) or meals at the institution's discretion.	Consistent with the recent deregulation of meals for student-athletes, this proposal would allow additional flexibility for coaches and administrative staff to provide per diem for meal allowances on particular days associated with away-from-home competition while providing meals at the institution's discretion on other days. Institutions avoid concerns with the provision of extra benefits as long as no cash per diem is issued on a day when the unlimited meal option is used. Costs related to meals in conjunction with away-from-home competition should be roughly the same as it is now. However, this additional flexibility may allow an institution to save some money, as providing per diem on a given day may be less expensive than providing unlimited meals.
2016-132	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- NUTRITIONAL SUPPLEMENTS -- PROTEIN	To add protein as a permissible class of nutritional supplements.	This proposal will allow institutions to appropriately provide and monitor protein supplementation to their student-athletes to effectively address special nutritional needs. As is the case with any supplement, student-athletes should be provided education to support good nutrition and should be advised that supplements are not intended to replace food.
2016-133	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- ENTERTAINMENT	To permit an institution, conference or the NCAA to provide reasonable entertainment to student-athletes at any time.	This proposal allows institutions the discretion to provide student-athletes with entertainment during or outside of the playing season. Currently, institutions are only permitted to provide entertainment to their student-athletes in conjunction with practice or competition. There are many legitimate entertainment experiences that coaches/administrators may wish to provide to their student-athletes at times other than those that occur in conjunction with practice or competition. This permissive legislation will afford institutions with the flexibility to do so if they deem it appropriate.
2016-134	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- EXPENSES FOR PRACTICE AND COMPETITION -- OTHER COMPETITION	To permit an institution to provide, during an academic year in which a student-athlete is eligible to represent an institution in athletics competition (or in the following summer), actual and necessary expenses related to a student-athlete's participation in: (1) The Olympic Games, Pan American Games, World Championships, World Cup, World University Games, World University Championships, established national championship events, or the junior-level equivalent of such events (e.g., Youth Olympic Games, Junior World Championships, U19 World University Games); and (2) Established regional championship events (e.g., North American Championships, European Championships).	Consistent with efforts to enhance student-athlete success and well-being, this proposal would permit institutions to provide actual and necessary expenses for student-athletes to participate in additional elite national and international competition by including the Olympic Games, Pan American Games, World Championships, World Cup, World University Games and World University Championships, and the junior level equivalent events, as well as select elite regional events to the list of permissible events. Allowing institutions the discretion to provide such expenses would ease the financial burden placed on student-athletes who wish to participate in such elite events, particularly in the Olympic sports, and help alleviate situations in which student-athletes may have to choose between future NCAA eligibility and raising funds for a potential once-in-a lifetime event.
2016-135	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE	To specify that required athletically related activities other than competition (and associated activities) shall	Recent studies suggest that student-athletes in many sports often devote significantly more time to athletically related activities than the regulated 20 hours in season or 8 hours per week outside the season.

Proposal Number	Title	Intent	Rationale
	SEASONS -- PROHIBITION ON REQUIRED ATHLETICALLY RELATED ACTIVITIES -- EIGHT-HOUR PERIOD BETWEEN 9 P.M. AND 6 A.M.	be prohibited during a continuous eight-hour period between 9 p.m. and 6 a.m.; further, to specify that required athletically related activities shall be prohibited during an eight-hour period after release following a home contest that concludes after 9 p.m. (with an exception for travel) and upon return to campus from away-from-home competition after 9 p.m.	This proposal, by providing student-athletes with, at a minimum, an eight-hour block during the evening and subsequent morning will provide them with more time to devote to academics, campus engagement or sleep. Further, the flexibility provided with the 9 p.m. to 6 a.m. time frame enables coaches to schedule practices or workouts during the early morning (e.g., 5 a.m.) due to concerns with weather, facility availability, or other variables, as long as a preceding eight-hour period of no countable athletically related activity is provided. For example, a women's rowing program wishing to start a practice at 5:30 a.m. could not require athletically related activities after 9:30 p.m. on the previous day. Further, for home contests that end after 9 p.m. and return travel to campus after 9 p.m. from away-from-home contests, it is important to provide student-athletes with, at a minimum, an eight-hour period during which they can recover and rest prior to being asked to participate in another required athletically related activity. Lastly, the proposal does not limit a student-athlete's opportunity to receive rehabilitative or medical treatment during the overnight period. Such treatment may still be provided as necessary.
2016-136	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- ADDITIONAL DAYS OFF DURING THE ACADEMIC YEAR	To specify that required athletically related activities shall be prohibited for a seven-day period beginning the day after a student-athlete's or a team's last contest of the championship segment; further, to specify that an institution shall provide a student-athlete with 14 additional days off during or outside the playing and practice season during the regular academic year when classes are in session.	This proposal is designed to assist national efforts to enhance the overall student-athlete experience and student-athlete well being by providing student-athletes with additional flexibility within their personal schedules that can be utilized at their discretion. During a sport's playing season, student-athletes are allowed to devote up to twenty hours to their athletic training and competition each week, not including time spent traveling to and from away-from-home competitions. The competition schedule often causes student-athletes to miss class and, in some instances, fall behind on class assignments. The implementation of a seven-day discretionary period following the conclusion of the championship segment will provide student-athletes with an opportunity to fully engage with their academic obligations as well as become more involved in non-athletic pursuits directly after the season ends. While student-athletes will continue to have the opportunity to participate in voluntary workouts, they should not be asked to adhere to a required countable athletically related activity schedule during this time. Additionally, student-athletes will be provided with fourteen additional days off during the declared playing season and/or outside of the playing season during the regular academic year when classes are in session to assist them in their pursuit of academic endeavors and social obligations. Institutional rules education and monitoring should be sufficient to ensure that student-athletes are provided with these twenty-one additional days off.
2016-136-1	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- ADDITIONAL DAYS OFF DURING THE ACADEMIC YEAR -- RETURN TRAVEL	To amend Proposal No. 2016-136 to specify that travel that occurs as part of an institution's return to campus following away-from-home competition between midnight and 5 a.m. may be considered as a day off, provided the institution provides a continuous 24-hour period free from required athletically related activity following release from the return travel.	This proposed amendment provides an alternative to the limited travel exception by providing a clearly defined period in which an institution may exempt travel that occurs as part of returning from away-from-home competition that occurred the day/night before. In addition, this proposal would relieve institutions of the administrative responsibility associated with determining whether the application of a travel exception is appropriate based upon the particular circumstances, and then providing the necessary approval, and would instead allow institutions to apply a simple and consistent exception, when warranted.
2016-137	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- STUDENT-ATHLETE TIME MANAGEMENT PLAN	To specify that an institution shall develop a student-athlete time management plan for each varsity intercollegiate sport in which the Association sponsors a championship or is an emerging sport for women; further, to specify that the institution shall conduct an annual end-of-year review of each sport's student-athlete time management plan and that the findings of	This proposal seeks to provide student-athletes with greater predictability and transparency relative to their athletic schedules. Requiring institutions to establish policies to ensure that student-athletes are provided proper notice of future athletically related activities will allow student-athletes the opportunity to effectively plan for upcoming academically related responsibilities and any social activities of interest. In addition, timely notice of subsequent schedule changes will reduce uncertainty and prevent last minute scheduling practices that many student-athletes have identified as a concern. A concerted and comprehensive annual review will ensure that individual programs have substantially complied with their own established policies

Proposal Number	Title	Intent	Rationale
		each review shall be reviewed by the institution's president or chancellor.	throughout the year and that any student-athlete concerns regarding time management will be properly heard and addressed. Finally, a level of institutional discretion is necessary to allow institutions to properly tailor plans to meet institution and sport-specific needs and to effectively manage unique situations that may require adjustment to an established plan. As a result, an institution shall only be held accountable through the NCAA infractions process for noncompliance with its established time management plan if the institution takes action that clearly demonstrates a disregard for its own stated policies.
2016-138	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- REQUIRED DAY OFF -- PLAYING SEASON -- PRESEASON PRACTICE AND VACATION PERIODS	To specify that an institution shall provide student-athletes with one day off per week during a preseason practice period and during a vacation period when classes are not in session.	This proposal is designed to promote consistency in the application of the day off requirement throughout the declared playing season, namely that student-athletes must receive at least one day off during each week of the playing season regardless of whether classes are in session.
2016-139	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- OFF-CAMPUS PRACTICE DURING A VACATION PERIOD OUTSIDE THE CHAMPIONSHIP SEASON	To specify that an off-campus practice unrelated to an away-from-home competition shall be prohibited during an institutional vacation period outside the institution's championship playing season.	This proposal will provide student-athletes with additional opportunities to take advantage of regular academic year vacation periods when they are outside of the regular championship season (e.g., fall baseball or softball, spring football, spring soccer). It is important for student-athletes to have the opportunity to choose how they would like to spend their vacation time when such periods do not occur during the championship season. Additionally, this proposal will serve to reduce costs that are associated with travel to off-campus locations for the sole purpose of practice outside the championship season. This concept is consistent with other proposed parameters aimed at emphasizing student-athlete time balance.