

NCAA Division I Adopted Legislation -- January 2017

Proposal Number	Title	Intent	Source	Effective Date	Status
2016-114	ATHLETICS ELIGIBILITY -- FIVE-YEAR RULE -- EXCEPTION -- STUDY-ABROAD PROGRAMS	To exempt time spent participating in an academic study-abroad program during a regular term of an academic year from the application of the five-year rule, as specified; further, to specify that (1) In head count sports, a student-athlete may be replaced in an academic term in which the student-athlete participates in an applicable full-time study abroad program; and (2) In equivalency sports, the financial aid received by a student-athlete who participates in an applicable full-time study abroad program may be exempted from the institution's maximum equivalency limits.	NCAA Division I Council (Student-Athlete Experience Committee)	08/01/2017	Adopted Final
2016-115	ATHLETICS ELIGIBILITY -- FIVE-YEAR RULE -- EXCEPTION -- INTERNSHIPS/ COOPERATIVE EDUCATIONAL WORK EXPERIENCE PROGRAMS	To exempt time spent participating in a full-time internship or cooperative educational work experience program during a regular term of an academic year from the application of the five-year rule, as specified; further, to specify that (1) In head count sports, a student-athlete may be replaced in an academic term or terms in which the student-athlete participates in an applicable internship or cooperative educational work experience program; and (2) In equivalency sports, the financial aid received by a student-athlete who participates in an applicable internship or cooperative educational work experience program may be exempted from the institution's maximum equivalency limits.	NCAA Division I Council (Student-Athlete Experience Committee)	08/01/2017	Adopted Final
2016-120	RECRUITING -- OFFICIAL VISIT -- NOTICE OF STUDENT-ATHLETE TIME DEMANDS EXPECTATIONS	To specify that the NCAA Eligibility Center shall provide prospective student-athletes with notice of general time demands expectations related to being a student-athlete; further to specify that an institution, in conjunction with an official visit, may provide additional general time demands expectations and specific expectations applicable to the sport or sports in which the prospective student-athlete is being recruited.	NCAA Division I Council (Student-Athlete Experience Committee)	08/01/2017	Adopted Final
2016-128	AUTONOMY PROPOSAL -- AMATEURISM -- PROFESSIONAL SPORTS COUNSELING PANEL -- COMPOSITION -- ATHLETICS DEPARTMENT STAFF	To eliminate the limitation on the number of athletics department staff members who may serve on an institution's professional sports counseling panel.	Southeastern Conference	08/01/2017	Adopted Final
2016-129	AUTONOMY PROPOSAL -- AMATEURISM -- MEDIA ACTIVITIES	To establish consistent regulations governing student-athlete participation in media activities both during and outside the playing season, as specified.	Pac-12 Conference	08/01/2017	Adopted Final
2016-130	AUTONOMY PROPOSAL -- FINANCIAL AID -- TERMS AND CONDITIONS -- RETROACTIVE FINANCIAL AID	To specify that institutional financial aid awarded to an enrolled student-athlete after the first day of classes in any term may be made retroactive to the beginning of that academic year.	Pac-12 Conference	08/01/2017	Adopted Final
2016-131	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- MEALS IN CONJUNCTION WITH AWAY-FROM-HOME COMPETITION -- OPTION ON EACH DAY	To specify that on each day associated with an away-from-home competition (from the time the team is required to report on call for team travel until the team returns to campus) an institution may choose to provide student-athletes with regular meals (or allowances) or meals at the institution's discretion.	Pac-12 Conference	08/01/2017	Adopted Final
2016-132	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- NUTRITIONAL SUPPLEMENTS -- PROTEIN SUPPLEMENTS	To add protein supplements as a permissible class of nutritional supplements.	Big Ten Conference	Immediate	Adopted Final

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2016-133	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- ENTERTAINMENT	To permit an institution, conference or the NCAA to provide reasonable entertainment to student-athletes during the playing season, outside the playing season during the academic year when classes are in session and during the period in which they are required to participate in required summer athletic activities.	Pac-12 Conference	08/01/2017	Adopted Final
2016-134	AUTONOMY PROPOSAL -- AWARDS, BENEFITS AND EXPENSES -- EXPENSES FOR PRACTICE AND COMPETITION -- OTHER COMPETITION	To permit an institution to provide, during an academic year in which a student-athlete is eligible to represent an institution in athletics competition (or in the following summer), actual and necessary expenses related to a student-athlete's participation in: (1) The Olympic Games, Pan American Games, World Championships, World Cup, World University Games, World University Championships, established national championship events, or the junior-level equivalent of such events (e.g., Youth Olympic Games, Junior World Championships, U19 World University Games); and (2) Established regional championship events (e.g., North American Championships, European Championships).	Southeastern Conference	Immediate	Adopted Final
2016-135	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- PROHIBITION ON REQUIRED ATHLETICALLY RELATED ACTIVITIES -- EIGHT-HOUR PERIOD BETWEEN 9 P.M. AND 6 A.M.	To specify that required athletically related activities other than competition (and associated activities) shall be prohibited during a continuous eight-hour period between 9 p.m. and 6 a.m.; further, to specify that required athletically related activities shall be prohibited during an eight-hour period after release following a home contest that concludes after 9 p.m. (with an exception for travel) and upon return to campus from away-from-home competition after 9 p.m.	Atlantic Coast Conference, Big Ten Conference, Big 12 Conference, Pac-12 Conference and Southeastern Conference	08/01/2017	Adopted Final
2016-136	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- ADDITIONAL DAYS OFF DURING THE ACADEMIC YEAR	To specify that required athletically related activities shall be prohibited for a seven-day period beginning the day after a student-athlete's or a team's last contest of the championship segment; further, to specify that an institution shall provide a student-athlete with 14 additional days off during or outside the playing and practice season during the regular academic year when classes are in session.	Atlantic Coast Conference, Big Ten Conference, Big 12 Conference, Pac 12 Conference and Southeastern Conference	08/01/2017	Adopted Final
2016-136-1	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- ADDITIONAL DAYS OFF DURING THE ACADEMIC YEAR -- RETURN TRAVEL	To amend Proposal No. 2016-136 to specify that travel that occurs as part of an institution's return to campus following away-from-home competition between midnight and 5 a.m. may be considered as a day off, provided the institution provides a continuous 24-hour period free from required athletically related activity following release from the return travel.	Southeastern Conference	08/01/2017	Adopted Final
2016-136-2	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- ADDITIONAL DAYS OFF DURING THE ACADEMIC YEAR -- EXCEPTION -- LIFE SKILLS ACTIVITIES INVOLVING MULTIPLE SPORTS	To amend Proposal No. 2016-136 to specify that required life-skills activities that involve multiple sports and are formally organized by the athletics department are permitted on a student-athlete's day off.	Atlantic Coast Conference	08/01/2017	Adopted Final
2016-137	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- STUDENT-ATHLETE TIME MANAGEMENT PLAN	To specify that an institution shall develop a student-athlete time management plan for each varsity intercollegiate sport in which the Association sponsors a championship or is an emerging sport for women; further, to specify that the institution shall conduct an annual end-of-year review of each sport's student-athlete time management plan and that the findings of each review shall be reviewed by the institution's president or chancellor.	Atlantic Coast Conference, Big Ten Conference, Big 12 Conference, Pac-12 Conference and Southeastern Conference	08/01/2017	Adopted Final
2016-138	AUTONOMY PROPOSAL -- PLAYING	To specify that an institution shall provide student-athletes with one day off per week during a	Pac-12 Conference	08/01/	Adopted

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	AND PRACTICE SEASONS -- REQUIRED DAY OFF -- PLAYING SEASON -- PRESEASON PRACTICE AND VACATION PERIODS	preseason practice period and during a vacation period when classes are not in session.		2017	Final
2016-139	AUTONOMY PROPOSAL -- PLAYING AND PRACTICE SEASONS -- OFF-CAMPUS PRACTICE DURING A VACATION PERIOD OUTSIDE THE CHAMPIONSHIP SEASON	To specify that an off-campus practice (other than practice at an institution's regularly used off-campus practice facilities and other than the winter-training trip in women's rowing) unrelated to an away-from-home competition shall be prohibited during an institutional vacation period outside the institution's championship playing season.	Pac-12 Conference	08/01/2017	Adopted Final